



SPIKING: KNOW THE SIGNS

Spiking is when someone puts alcohol or drugs into another person's drink or body without their consent or knowledge.

It can be difficult to tell if your drink has been spiked but if you notice any changes to the appearance or taste of your drink, pour it away. If you're in a bar or club tell staff or security right away.

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**METROPOLITAN
POLICE**

IF YOU THINK YOU OR A FRIEND HAVE BEEN SPIKED, THERE ARE A NUMBER OF THINGS TO LOOK OUT FOR, INCLUDING:

- Confusion
- Nausea or vomiting
- Hallucinations and paranoia
- Disorientation or poor coordination
- Loss of ability to communicate properly
- Unconsciousness

Symptoms of spiking vary depending on what you have been spiked with and can be similar to having excess alcohol.

WHAT TO DO IF YOU THINK YOU OR A FRIEND HAVE BEEN SPIKED:

- Alert a member of staff or security at the venue
- Stay with them and keep talking to them
- Don't let them go home on their own or leave with someone you don't know
- Call an ambulance if their condition deteriorates
- Report to the police on 999 or 101. Always call 999 if you are in immediate danger.

REPORT IT : If you feel able to, make a report to the police as soon as possible.

Some drugs used for spiking leave the body in less than 12 hours so early reporting gives the best opportunity for the police find out what has happened and collate any evidence.



Scan to find out more about
spiking signs and how to report.