



Central East BCU — Bow East SNT Safer Neighborhoods Newsletter January 2026

Your Safer Neighborhoods Team

Your Local SNT teams are overseen by

- PS Cousins
- PC Grewcock
- PC Lacey
- PC Furlonger
- PC Tapki
- PC Rainbird
- PCSO Yates
- PCSO Romanik
- PCSO Hoq
- PCSO Rashid

Mile End
Safer Neighborhoods Officers conduct regular highly visible patrols across the ward to deter and disrupt criminal activity and anti-social behavior. They also hold regular crime prevention events, public contact sessions and community meetings to hear about the issues that matter most to you

Contact us

Your Safer Neighborhoods Ward phone, email and social media accounts are **NOT** monitored 24/7 and are **NOT** intended for the public to report crimes on, instead please use the non-emergency number **101** or complete online report.

IN AN EMERGENCY DIAL 999

Mile End SNT contact us:
CEMailbox.MileEnd@MetPolice.uk



Social Media



MET ENGAGE :

Get the most out of your neighborhood with **MET ENGAGE**. It's where communities come together, exchange recommendations. Read the latest local news and be made aware of upcoming events from public services.

Register with MET ENGAGE:

www.metengage.co.uk

Sign Up for Met Engage & complete the Local Area survey at: **<https://survey.metengage.co.uk>**

Neighborhoods watch

Neighborhoods Watch is about people getting together with their neighbors to take action to reduce crime. They work by developing a close relationship between community members and the local Police. To find out what groups are active in your area and to register to join [London Borough of Tower Hamlets | Neighborhoods Watch Network \(ourwatch.org.uk\)](http://LondonBoroughofTowerHamlets.NeighborhoodsWatchNetwork.ourwatch.org.uk)

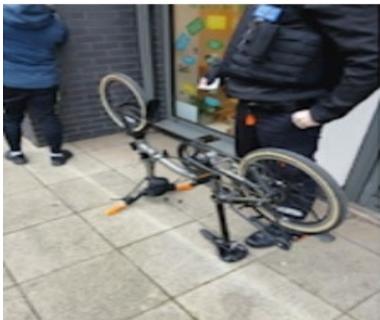




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Community Engagement / Action :

On Wednesday 18th of FEBRUARY, PCSO's from Mile End Safer Neighbourhood Team conducted Bike Marking Event at ST. PAUL'S WAY COMMUNITY CENTRE, where multiple bikes were marked and registered to BIKE REGISTER.



MILE END Safer Neighbourhood Team Officers continue to provide visible foot patrols at St Paul's Way Secondary School.



Reassurance patrols were conducted across Mile End after concerns from parents and School around social media posts. These patrols continue across the Borough.

For crime prevention advise, see the Met Police homepage or ask us about it when you see us.





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Crime in Your Area

If you have a problem in your area but don't want to talk to Police, Contact Crime Stoppers or Fearless.

These organizations are confidential, and you will not be asked for your details.

CrimeStoppers.
Speak up. Stay safe.

0800 555 111
100% anonymous. Always.

[DONATE](#) [GIVE INFORMATION ANONYMOUSLY](#)

[GIVE INFORMATION](#) [SUPPORT US](#) [KEEPING SAFE](#) [ABOUT THE CHARITY](#) [PARTNER WITH US](#) [NEWS & CAMPAIGNS](#)

"Is Crimestoppers really anonymous?"
It's a question we're often asked. And the answer is that we are 100% anonymous. Always.

fearless
Part of Crimestoppers

0800 555 111
100% anonymous. Always.

[Give information anonymously](#)

[What is Fearless?](#) [More Info](#) [News](#) [Parents/Guardians](#) [Professionals](#)

What is Fearless?
Fearless enables young people to pass on information about crime 100% anonymously

| Crime type | Tower Hamlets | Mile End |
|--------------------|---------------|----------|
| Theft and Handling | 779 | 37 |
| Violence | 771 | 63 |
| Burglary | 211 | 12 |
| Drugs | 173 | 17 |
| Vehicle offences | 212 | 14 |
| Robbery | 94 | 5 |
| Sexual offences | 101 | 4 |
| Weapons | 18 | 2 |

Upcoming Events

Ward Panel Meeting at St Paul's Community Centre

- 🕒 6:00PM - 7:30PM, Thu 12 March 2026
- 📍 E3 4YH, Saint Paul's Way London

Bike Marking at Mile End park Leisure Centre and Stadium

- 🕒 1:00PM - 2:00PM, Sat 11 April 2026
- 📍 E3 4HL, London

Walk,Talk and Do

- 🕒 11:00AM - 12:00PM, Thu 23 April 2026
- 📍 Saint Paul's Way London

Bike Marking at St Pauls Way Community Centre

- 🕒 3:30PM - 4:30PM, Sat 23 May 2026
- 📍 E3 4AJ, Saint Paul's Way London

Walk,Talk and Do

- 🕒 1:00PM - 2:00PM, Fri 29 May 2026
- 📍 Hamlets Way London

Ward Panel Meeting at St Paul's Community Centre

- 🕒 6:00PM - 7:30PM, Thu 25 June 2026
- 📍 E3 4AJ, Saint Paul's Way London

Number of Crimes in your Area— January 2026

For a more in depth statistics and data for London please visit

<https://www.met.police.uk/sd/stats-and-data>



