



Central East BCU — Bow East SNT

Safer Neighborhood Newsletter JANUARY 2026

Your Safer Neighborhood Team

Your Local SNT teams are overseen by

PS Chambers

Bow East

PC Gray, PC McCarthy, PC Guelfi,

PC Jarasiute

PCSO Das, PCSO Christopher,

PCSO Iftikhar

Safer Neighborhood Officers conduct regular highly visible patrols across the ward to deter and disrupt criminal activity and anti-social behavior. They also hold regular crime prevention events, public contact sessions and community meetings to hear about the issues that matter most to you

Contact us

Your Safer Neighborhood Ward email and Social media accounts are **NOT** monitored 24/7 and are **NOT** intended for the public to report crimes on, instead please use the non-emergency number **101** or complete an online report.

IN AN EMERGENCY DIAL 999

Bow East SNT contact us:

CEMailbox.BowEast@Met.Police.uk



Social Media



MET ENGAGE:

Get the most out of your neighborhood with **MET ENGAGE**. It's where communities come together, exchange recommendations. Read the latest local news and be made aware of upcoming events from public services.

Register with MET ENGAGE:

www.metengage.co.uk

Sign Up for Met Engage & complete the Local Area survey at: **<https://survey.metengage.co.uk>**

Neighborhood Watch

Neighborhood Watch is about people getting together with their neighbors to take action to reduce crime. They work by developing a close relationship between community members and the local Police. To find out what groups are active in your area and to register



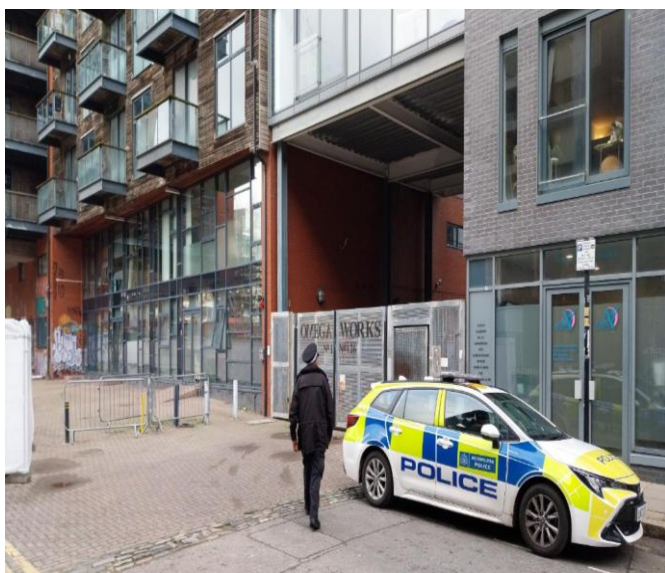
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Community Engagement / Action:

Violence against women and girls (VAWG) walk and talk Bow East SNT conducted VAWG event at Victoria Park – The Hub Café – E3. Crime prevention & safety advice was provided to residents, shopkeepers and visitors.



Officers from **BOW EAST SNT** patrolled FISH ISLAND, as part of **Op Soundjump** & interacted with Residents and spoke to people about MET ENGAGE. To find out more visit www.METENGAGE.co.uk If you wish to provide us with any intelligence regarding your local area kindly message us via Met engage : www.metengage.co.uk

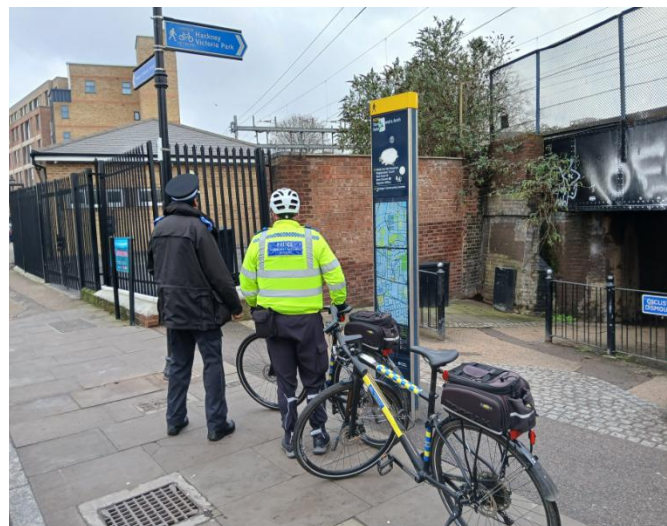


GOOD NEWS / SUCCESS STORY :

Recently BOW EAST SNT OFFICERS have conducted a Targeted Operation and have recovered a Vehicle which was reported as Stolen and was being driven around on False Plates. After initial examinations the vehicle owner was informed to come and collect the vehicle. Watch this space for more updates regarding your local SNT.

You said: Reports of break in into Bike Sheds on Morville St, E3.

We did: SNT officers carried out BIKE MARKING Event at Tom Thumbs Arch – E3.





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Crime in Your Area

If you have a problem in your area but don't want to talk to Police, Contact Crime Stoppers or Fearless.

These organizations are confidential, and you will not be asked for your details.

CrimeStoppers.
Speak up. Stay safe.

0800 555 111
100% anonymous. Always.

[DONATE](#) [GIVE INFORMATION ANONYMOUSLY](#)

[GIVE INFORMATION](#) [SUPPORT US](#) [KEEPING SAFE](#) [ABOUT THE CHARITY](#) [PARTNER WITH US](#) [NEWS & CAMPAIGNS](#)

"Is Crimestoppers really anonymous?"
It's a question we're often asked. And the answer is that we are 100% anonymous. Always.

fearless
Part of Crimestoppers

0800 555 111
100% anonymous. Always.

[Give information anonymously](#)

[What is Fearless?](#) [More Info](#) [News](#) [Parents/Guardians](#) [Professionals](#)

What is Fearless?
Fearless enables young people to pass on information about crime 100% anonymously

Number of Crimes in your Area—JANUARY 2026

For a more in-depth statistics and data for London please visit

<https://www.met.police.uk/sd/stats-and-data>

Crime type	Tower Hamlets	Bow East
Theft and Handling	940	43
Violence	857	53
Burglary	213	6
Drugs	243	14
Criminal Damage	166	7
Robbery	103	3
Sex offences	108	3
Miscellaneous	34	6

Upcoming Events

Bike marking scheme:

Barge East River Lee, Sweetwater Mooring, White Post Ln,
London E9 5EN
20 Feb 2026 – 11:00 Hrs to 12pm

VAWG Events:

12:45 PM – 13:45 Hrs,
Wed - 04 February 2026
The Hub Cafe, London – E3 7DD