

South Neighbourhood Newsletter

April 2026

Bolton
HEALTH AND CARE PARTNERSHIP



Building a brighter future
with *you* in mind

This month: Cancer Awareness

This month is Bowel Cancer Awareness Month.

A time to talk about poo, learn about screening and know the signs and symptoms to see your GP about. It's also time to give support to those who have bowel cancer.

Here's how you can take action:

- Learn about spotting early signs and symptoms of cancer
- Do your kit when it arrives in the post, talk to loved ones about doing the same.

Everyone 50 upwards is sent a kit automatically through the post every two years until they are 75. After that, you can opt back in to carry on getting them. This is the only screening test which you can do in the comfort of your own bathroom, takes two minutes, send back in postage paid envelope from any post box, result back within two weeks. 98% of people need no further tests!

Bolton have local resources to help with cancer prevention.

Visit: [Cancer Screening Bolton - Check it. Screen it. Beat it.](https://www.gov.uk/government/publications/bowel-cancer-screening-benefits-and-risks/nhs-bowel-cancer-screening-helping-you-decide)

<https://www.gov.uk/government/publications/bowel-cancer-screening-benefits-and-risks/nhs-bowel-cancer-screening-helping-you-decide>

Or speak with your GP to find out more. Remember:

- ✓ Check it
- ✓ Screen it
- ✓ Beat it

If your poo test kit hasn't arrived or you can't find it, ring 0800 707 60 60 and ask them to send you a new one!




Check it. Know the symptoms

Diagnosing Cancer early Can save lives

Bowel Cancer Symptoms

-  Bleeding from your bottom
-  Feeling tired all the time but not sure why
-  A change in your pooing habits. You might be going more or less often, or have diarrhoea or constipation that might come and go.
-  Losing weight but not sure why
-  A pain or lump in your tummy


If something isn't normal for you, contact your GP



Finding bowel cancer early makes it easier to treat

The NHS bowel cancer screening kit can detect signs of cancer before you notice anything is wrong.

Have you done your bowel cancer screening test?



This month: Cancer Awareness

The **Cancer Awareness Roadshow** is coming to **Bolton!** ❤️


Drop by to speak with a nurse, learn how small lifestyle changes can reduce your cancer risk, get information about screening, and understand the importance of spotting cancer early.

 **Victoria Square (BL1 1RJ)**

 19 May, 20 May, 4 & 5 August,
22 & 23 September

 10am–4pm

 **Bolton Market (BL1 1TJ)**

 9 April, 7 May, 4 June, 9 July,
10 Sept, 8 Oct, 12 Nov, 10 Dec

 10am–4pm

No appointment needed — just drop in for a friendly chat and trusted information.

Find out more: cruk.org/roadshow

The Cancer Awareness Roadshow is coming to Bolton

- Chat to a nurse about how small health changes can reduce your cancer risk
- Learn about screening and where to get more information
- Talk about the importance of spotting cancer early by speaking to the GP about any concerns

Bolton Market BL11TJ: April 9, June 4, July 9, September 10, October 8, November 12, December 10.

Victoria Square BL1 1RJ: 19/20 May, 4/5 August, 22/23 September.

10am – 4pm

For more information visit:
cruk.org/roadshow



This month: World Immunisation Week

World Immunisation week (24th – 30th April): Let's Talk Immunisations!

Vaccines are one of the most effective ways to protect yourself, your family, and your community.

From childhood jabs to adult boosters, staying up to date matters. For more visit:

[NHS vaccinations and when to have them](https://www.nhs.uk/vaccinations-and-when-to-have-them)

Immunisations help:

- Prevent serious illness
- Reduce hospital admissions
- Protect vulnerable people
- Keep outbreaks under control

If you're unsure which vaccines you or your child may be due, check your records or speak to your GP or healthcare team.

Your health. Your choice. Your protection.



UK Health Security Agency NHS

Your child's vaccine schedule

On or after 1 July 2024 for children born

- 8 weeks:** 6-in-1 vaccine¹, Rotavirus vaccine¹, MenB vaccine¹
- 12 weeks:** 6-in-1 vaccine², Rotavirus vaccine², MenB vaccine²
- 16 weeks:** 6-in-1 vaccine³, Pneumococcal vaccine¹
- 1 year:** MMR/MMRV** vaccine¹, Pneumococcal vaccine², MenB vaccine³
- 1 year:** MMR vaccine¹, Pneumococcal vaccine², MenB vaccine³, Hib/MenC or 6 in 1 vaccine*
- 2+ years:** Children's flu vaccine (yearly)
- 3 years and 4 months:** MMR vaccine², 4-in-1 pre-school booster vaccine
- 18 month:** MMR/MMRV** vaccine², 6-in-1 vaccine⁴
- 2+ years:** Children's flu vaccine (yearly)
- 3 years and 4 months:** 4-in-1 pre-school booster vaccine

¹ first dose, ² second dose, ³ third dose, ⁴ fourth dose
 6-in-1 protects against diphtheria, tetanus, whooping cough, polio, Hib and hepatitis B
 4-in-1 protects against diphtheria, tetanus, whooping cough and polio
 First dose of rotavirus vaccine must be given before 15 weeks of age and second dose must be given before 24 weeks of age
 *Vaccine given will depend on vaccine availability. ** Vaccine given will depend on child's date of birth.

Follow your child's vaccine schedule to protect them against illnesses

Stick this timeline up as a useful reminder

This month: Community Alliance

Thank you to everyone who attended the Farnworth Community Alliance on 23rd March.

It was a great opportunity to find out what events, courses and groups our community has to offer- there is so much going on!

Everything from the Bowling Club, New Bury Community Alliance, Boxing Club, walking groups, ESOL course at The Well- and so much more!

We look forward to building on what's on offer and work together in our wonderful community!



Building a brighter future
with *you* in mind



Farnworth Community Alliance

23rd March 2026, 12-2pm
Tophome Court, Black Horse St, Bolton
BL4 9AW

Come and help strengthen community
action in your area



A chance to host a community stall
Find out more about your area
Get more involved and share what you do
Enjoy a pasty and cuppa with
Friends. 🥟

If you would like to host a stall and / or
attend please RSVP to Paula and Paul on
paula.garstang@bolton.gov.uk



Coming Up: GM Police

PARTNERS & COMMUNITIES TOGETHER MEETING

Meet your local officers alongside partner agencies and raise concerns about key issues within the community.

The next surgery will be held on:	Thursday 30 th April 2026
Located at:	Haslam Park Primary School, Wigan Road
Time:	18:00 – 19:30

To help us identify the issues in your area please get in touch with your Neighbourhood Policing Team and tell us what matters to you.



Sign up to receive free community alerts
www.BeeintheLoop.co.uk

For non-emergency calls or to report a crime call: **101** or use Live Chat at gmp.police.uk
Use **999** only in emergencies where there is a threat to life or crime in progress



For more information visit:
gmp.police.uk

Details of police surgeries and P.A.C.T. meetings, can be found on Bee in the Loop & on our website:

 Bee in the Loop: <https://orlo.uk/qCDeT>

 GMP website: <https://www.gmp.police.uk/>

Please join us for the next Police Surgeries/ P.A.C.T meeting

POLICE SURGERIES

Meet your local officers alongside partner agencies and raise concerns about key issues within the community.

The next surgery will be held on:	Friday 24 th April 2026
Located at:	Church of St George with St James, Daisy Ave
Time:	15:30 – 16:30

To help us identify the issues in your area please get in touch with your Neighbourhood Policing Team and tell us what matters to you.



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For non-emergency calls or to report a crime call: **101** or use Live Chat at gmp.police.uk
Use **999** only in emergencies where there is a threat to life or crime in progress



GREATER MANCHESTER
POLICE

Farnworth

For more information visit:
gmp.police.uk

POLICE SURGERIES

Meet your local officers alongside partner agencies and raise concerns about key issues within the community.

The next surgery will be held on:	Tuesday 12 th May 2026
Located at:	12A Roosevelt Road, Kearsley
Time:	10:00 – 12:00

To help us identify the issues in your area please get in touch with your Neighbourhood Policing Team and tell us what matters to you.



Sign up to receive free community alerts
www.BeeintheLoop.co.uk

For non-emergency calls or to report a crime call: **101** or use Live Chat at gmp.police.uk
Use **999** only in emergencies where there is a threat to life or crime in progress



GREATER MANCHESTER
POLICE

Kearsley

For more information visit:
gmp.police.uk



Building a brighter future
with you in mind

Coming Up: Church Events

ST SAVIOUR'S CHURCH PARISH ROOM
FRIDAY 24TH APRIL @ 18:30 - 21:30

GAME LIKE A KNIGHT:

ST. GEORGE'S DAY GAMES NIGHT.

CHALLENGE YOUR FRIENDS TO A GAME OF DARTS OR SNAKES & LADDERS, BEER PONG & MANY OTHERS.

SWAP YOUR ARMOUR FOR A PINT AND YOUR SWORD FOR A PEN, EYES DOWN FOR PRIZE BINGO

FRIDAY 24TH APRIL @ 18:30 - 21:30

£20 PER PERSON

PIE & PEAS, A FEW BEERS OR WINE & PRIZE DRAW

WIN PRIZES WORTHY OF LEGENDS.

FOR TICKETS TEXT ANGELA ON: 07799112333



STONECLOUGH STORIES

WORLD BEE DAY

Saturday 2nd May 2026
10am - 11am
St Saviour Church, Ringley. M26 1FT.

Children's Pop Up Library with
1000's of books to borrow
>Refreshments >Themed crafts >Storytime

FREE EVENT
EVERYONE WELCOME



May Day at St John Fisher

Mary, Queen of Peace

Under the theme of *Let it Begin with Me*, experience a reflective journey through the Covenant of Love and how, through the intercession of our Blessed Mother, we can find peace.

Sunday 10th May, 2026
1:00 pm

Holy Mass
and Crowning of Our Lady
in the Schoenstatt Shrine

Holy Hour meditation
with Divine Mercy prayers

Input and Group Discussion

The day is scheduled to end
at approximately 5:30pm

Children are welcome to attend

Light refreshments will be served

*Attendees are welcome to bring
their own food if they wish to

The parish of St John Fisher
with the Schoenstatt Family of England & Wales
Manchester Road, Kearsley, Bolton BL4 8 QQ

f.bryan@schoenstatt.org.uk
01204 572077

Coming Up: Age UK

Looking for something crafty to try? Give rug-making a go with Densal Global at their new zero waste rug-making workshop!

- Starts 7th May 2026 (6 weeks)
 - Thursdays 10am - 12pm
 - Ageing Well Centre, Cross Street, Farnworth
- £5 per session - all materials included
- Call 01204 701525 to book

For more information, please visit:

www.ageuk.org.uk/bolton/activities-and-events/



CREATIVE TEXTILES WITH DENSAL GLOBAL CIC ZERO WASTE RUG MAKING WORKSHOP

STARTS: 7th May 2026
TIME: 10 am - 12 noon weekly every Thursday
£5 PER PERSON
PLEASE CALL 01204 701525 TO BOOK YOUR PLACE

THE REVOLVING PROGRAMME OF 6 WEEKLY BLOCK SESSIONS INCLUDE:

- HANDS-ON LEARNING
- MATERIALS AND TOOLS PROVIDED
- EXPLORING A RANGE OF TEXTILE CRAFTS TECHNIQUES
- CREATING YOUR OWN FINISHED PRODUCTS

THE RUGMAKING WORKSHOP included:

- Making your own simple loom and preparing it for weaving.
- Transforming Discarded Textiles into fabric for weaving
- Start weaving - making samplers exploring the basic weaving techniques and tools available to you
- Designing and weaving your own rag-rug.



Let's change how we age

NEW TO KINTTING? COME KNIT WITH NORMA!

Beginners to advance - everyone welcome!
Crafts also available if you don't fancy knitting.
All items supplied if required.

*** THURSDAYS 10AM - 12PM ***
Ageing Well Centre, Cross Street, Farnworth

First session
Thursday 23rd
April 2026

All abilities
welcome!

£4 per person
All materials
provided



Coming Up: Recruitment Event

Whether you're just starting out, returning to work, or looking for a fresh start, come along for a chat with our friendly Recruitment Team who can support you with:

- CV advice
- Exploring career options
- Understanding your transferrable skills
- How to apply for role with Bolton Council



Your future starts today

Recruitment event



10.30am – 2pm
Friday 24 April 2026
Farnworth Library, Market Street,
Bolton BL4 7PG

Come and join us for a chat about...

- CV support
- Discuss career options
- Chat to the Recruitment Team
- Discuss transferable skills
- Learn how to apply with Bolton Council



Job Opportunities...

Admin | Apprenticeships | Care | Catering | Cleaning | Libraries | Schools ...and many more!

Coming Up: Rock Hall

🎨 Rock Hall Art Sessions | April – June

Looking for something creative to do this spring? Come along to our FREE, drop-in art sessions at Rock Hall in Moses Gate Country Park! 🌿

🌟 Weekly Tuesday Sessions (16+)

📅 Starting 28 April

🕒 11am – 3pm

🎨 Try a new arts & crafts activity each week

🌟 Saturday Craft Sessions

📅 18 April, 23 May & 13 June

🕒 11am – 3pm

👨👩 Suitable for all ages

📍 Rock Hall, Moses Gate Country Park, Farnworth

No booking needed – just drop-in and get creative! 🖍️

Building a brighter future
with *you* in mind

Bolton

Rock Hall
ESTABLISHED 1880

Rock Hall Art Sessions

April - June

Easter Holiday craft sessions
8, 10, and 14 April, 11am-3pm
Drop-in, free, and suitable for all ages.

Try a new arts and craft activity every Tuesday
Starting 28 April, 11am - 3pm
Drop-in, free, and suitable for ages 16+.

Join our Saturday craft sessions
18 April, 23 May, and 13 June
11am - 3pm
Drop-in, free, and suitable for all ages.

Rock Hall, Moses Gate Country Park,
Hall Lane, Farnworth, BL47QS
What Three Words: Darling.Angel.Strict

Bolton Council

Coming Up: Bowling Club

Over 60 and looking for a new hobby? Why not try

Crown Green Bowling

with clubs in Farnworth, Little Lever, Kearsley, Walkden, Little Hulton, Swinton & Boothstown looking for new players.

Provides an opportunity to take part in gentle exercise, socialise and make new friends.

There's a bowling club near you that would welcome you and help you to enjoy this pleasant pastime.

Contact Steve on 07852510200 to book a taster session and find details of your nearest club.

Fancy trying Crown Green Bowling?



Bowling is great for gentle exercise, socialising, making new friends and generally having fun!

Come and try this brilliant pastime at
Doe Hey Park Bowling & Social Club,
Cawdor St, Farnworth

Contact Steve on
07852510200
to book a taster session or
to find out more

Coming Up: The Well

Building a brighter future
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Bolton
HEALTH AND CARE PARTNERSHIP



The Well Café

SPECIAL OFFERS AND EVENTS

Themed Tuesdays

THIRD TUESDAY

JOIN US FOR A ROTATING SELECTION OF THEMED DAYS, INCLUDING MEXICAN DAY, AFTERNOON TEA, BBQ DAY, AND MORE!

BOOKING REQUIRED

Toast and Tots

EVERY FRIDAY

BRING YOUR LITTLE ONES FOR FREE TOAST WITH EVERY BREW PURCHASED BETWEEN 10AM-11AM TOYS PROVIDED FOR CHILDREN!

NO BOOKING REQUIRED

Renew Well

EVERY THURSDAY

WELLBEING DROP-IN 2.30PM-4.30PM A PEACEFUL, FRIENDLY COMMUNAL SPACE WHERE YOU CAN ENJOY ACTIVITIES OR NATTER WITH A BREW FOR FREE!

NO BOOKING REQUIRED

Free Brew

EVERY DAY

HAVE A BREW ON US WITH EVERY COOKED BREAKFAST ORDERED BETWEEN 10AM-11AM MONDAY TO FRIDAY!

Soup or Sandwich?

EVERY DAY

CAN'T DECIDE? WHY NOT HAVE BOTH FOR £6.50 MONDAY TO FRIDAY 10AM-2PM EAT IN OR TAKEAWAY!

Blue Light Card

EVERY MONTH

ENJOY A FREE HOT DRINK EVERY MONTH - JUST PICK UP YOUR LOYALTY CARD FROM THE TILL!

Advance Bookings

MONDAY TO FRIDAY 10AM-2PM

Afternoon Tea

24 HOURS NOTICE REQUIRED

Larger Parties

7 DAYS NOTICE REQUIRED



GIFT VOUCHERS NOW AVAILABLE

The Well Café
Trafford Street, Farnworth, Bolton, BL4 7PQ. (Behind Farnworth Library)

t: 01204 861671
e: church@farnworthbaptist.org.uk
w: www.farnworthbaptist.org.uk

SCAN QR CODE FOR
WHAT'S ON AND
BOOKINGS



u3a learn,
laugh,
live

Bolton u3a
Reg Charity No
1140995

Feeling a bit low, a bit lonely?
Enjoy a drink and a chat?
Want to meet some people just like you?

Then why don't you come to the

Coffee and Chat group

at The Well Café, Farnworth Baptist church

every 3rd Friday of the month at 10.30am starting Fri October 17th

The Well Café, Farnworth Baptist church, Trafford Street BL4 7PQ is located just behind Farnworth Library on the street between the Library and the Town Hall and the no 8 bus from Bolton to Manchester stops right outside.

Like our other Coffee & Chat groups that meet at Olympus restaurant, Globe café Egerton, The Coffee Shop Heaton, Harwood Methodist church café and Westhoughton Hub, this drop-in event at The Well café is an excellent way to meet and chat with other members and new people in a friendly and informal setting...and The Well café has the most delicious cakes!

Bolton u3a is a registered charity running regular interest groups for people who don't work full-time. Some of our most popular groups include:

Quiz	Art + Craft	Bowling
Bridge	Cinema visits	Maths
Rummikub & Scrabble	Photography	Table Tennis
Dining Together	History	Poetry
Walking	Psychology	Music Appreciation
Singing	Strength & Balance	Topical Science

For more information visit www.boltonu3a.org.uk or email u3abolton@hotmail.co.uk for info on all of our groups.

u3a Coffee and Chat sessions are supported by



Renew Well

A QUIET SHARED SPACE
WHERE IT'S OK NOT TO BE OK

Need a place to relax?
Want to meet new people?
Looking for some company?

EVERY THURSDAY
2.30PM - 4.30PM

A well-being drop-in offering a peaceful, friendly communal space where you can:

- share hobbies or skills
- enjoy activities such as board games, crafts, painting and colouring
- simply relax and chat with others

Free refreshments provided.



01204 861671



www.farnworthbaptist.org.uk

Farnworth Baptist Church, The Well, Trafford Street, Farnworth, BL4 7PQ.



people's
health
trust

Coming Up: The Well

Building a brighter future
with you in mind

Bolton
HEALTH AND CARE PARTNERSHIP

EVERY
WEDNESDAY
12PM - 1PM
FREE EVENT



Benefits:

- Reduces Stress
- New Friendships
- Keep Fit & Healthy
- Improves Sleep
- Discover Nature
- Reduces Isolation

For more information contact
Dilini on 01204 861671 or 07539 781775
Email: Dilini@farnworthbaptist.org.uk

**being
well**



FARNWORTH
BAPTIST CHURCH

JOIN THE

THE WELL WALK



Where?

Meet at Farnworth Baptist Church, The Well, Trafford Street, Farnworth. BL4 7PQ.

What?

A gentle 20-30 minute walk followed by free refreshments

Why?

A chance to get outside, enjoy the fresh air and to meet new people

Who?

Everyone over 18 years old is welcome to join us. Sorry, but no dogs.



THE WELL
TRAFFORD STREET
FARNWORTH
BL4 7PQ

01204 951001

WWW.FARNWORTHBAPTIST.ORG.UK

NEED SUPPORT WITH BENEFIT & WELFARE ADVICE?

Our **free** advice service helps you navigate complicated processes and paperwork. Our experienced advisors can support you through stressful times, including medical assessments and tribunals.

CALL US ON 01204 951001
TO BOOK AN APPOINTMENT!

Please leave a voicemail and a member of our team will return your call

BENEFIT/WELFARE DROP IN

MONDAY
10AM-
12:30PM



No appointment required

- ✓ BENEFIT CHECKS
- ✓ UNIVERSAL CREDIT ISSUES
- ✓ PROCESS EXPLANATIONS
- ✓ PENSION CREDIT ENQUIRIES
- ✓ GENERAL ADVICE & SUPPORT

UC JOURNAL HELP HUB

TUESDAY
2-3PM
FRIDAY
1-2PM



No appointment required

- ✓ LOGIN ISSUES
- ✓ WRONG OR MISSED PAYMENTS
- ✓ DELAYS IN PAYMENT
- ✓ UPLOADING DOCUMENTS
- ✓ APPLYING FOR AN ADVANCE

Pre-Entry ESOL

Where: Farnworth Baptist Church, The Well, Trafford Street, Farnworth, BL4 7PQ
When: 20.4.26 - 20.7.26
Time: Mondays & Thursdays 10:00 to 12:00
Cost: Free to eligible

This course is part of your First Steps in ESOL course. This friendly and supportive course is designed for adults who are new to learning English. It is ideal for learners who want to build confidence in speaking, listening, reading, and writing. You will learn everyday words and phrases to help with real-life situations such as shopping, travel, and meeting people. The course focuses on practical communication skills and introduces basic grammar in a simple way. No previous experience is needed—just a willingness to learn. Join us to take your first steps in English and start your journey towards greater independence.

Start your journey today



Find out more:

Simply visit thewea.info/findmycourse or call 01132 002194

WEA Adult Learning
Within Reach



Scan this QR code to book online, using a smartphone or tablet.

If you receive certain benefits you may be entitled to a free course.

The WEA is a charity registered in England and Wales. No. 1111775 and in Scotland No. SC168129.

Coming Up: New Bury

NEW BURY COMMUNITY ALLIANCE

Mondays

New Bury Boxing

6-10 years 5.15pm-6pm
11-17 years 6pm-7pm
18+Year 7pm-8pm

New Bury Community Centre, Buckley Lane,
BL4 9PR

Wednesdays

New Bury Boxing

6-10 years 5.15pm-6pm
11-17 years 6pm-7pm
Ladies Only 7pm-8pm
New Bury Community Centre,
Buckley Lane, BL4 9PR

Great Lever and Farnworth Voice

Youth Group 8-12 years 6pm-7pm (Term-Time)
New Bury Community Centre,
Buckley Lane, BL4 9PR

Community and School Mentoring (referrals only)

Delivered by 1Message, Bolton Wanderers and New Bury Boxing Club

For more info on any of the above Contact: chantelle@boltoncvcs.org.uk or 07938733312

Last Thursday of every month
New Bury and Farnworth Youth Voice
10-19years old 5pm-7pm

(FREE to attend, refreshments and food included)

New Bury UCAN Centre, George Street, BL4 9PU

Fridays

Bolton Wanderers

In The Community Football

12-17 Years 5pm-7pm
St James' CE High School,
Lucas Road, BL4 9RU

New Bury Boxing

6-10 years 5.15pm-6pm
11-17 years 6pm-7pm
18+years 7pm-8pm

New Bury Community Centre,
Buckley Lane, BL4 9PR



in the
community
One Club. One Community. One Town!



NEW BURY BOXING CLUB

NEW BURY COMMUNITY CENTRE, BUCKLEY LANE, BL4 9PR

MONDAYS

5.15PM-6PM FOR 6-10 YEARS

6PM-7PM FOR 11-17 YEARS

7PM-8PM 18+ YEARS

(CONTACT US TO BOOK ADULTS)



WEDNESDAYS

5.15PM-6PM FOR 6-10 YEARS

6PM-7PM FOR 11-17 YEARS

7PM-8PM LADIES ONLY CLASS

FREE FRIDAYS

5.15PM-6PM FOR 6-10 YEARS

6PM-7PM FOR 11-17 YEARS

7PM-8PM 18+ YEARS

(CONTACT US TO BOOK ADULTS)

FEES

17 AND UNDER £2 PER SESSION

18 AND ABOVE £4 PER SESSION

EVERY FRIDAY FREE FOR EVERYONE!!



England Boxing
Affiliated Club

Coming soon...

Family Boxing Sessions and Boxing for Parkinsons

CONTACT US ON 07350913622 OR NEWBURYBOXING@GMAIL.COM

WWW.NEWBURYBOXING.CO.UK



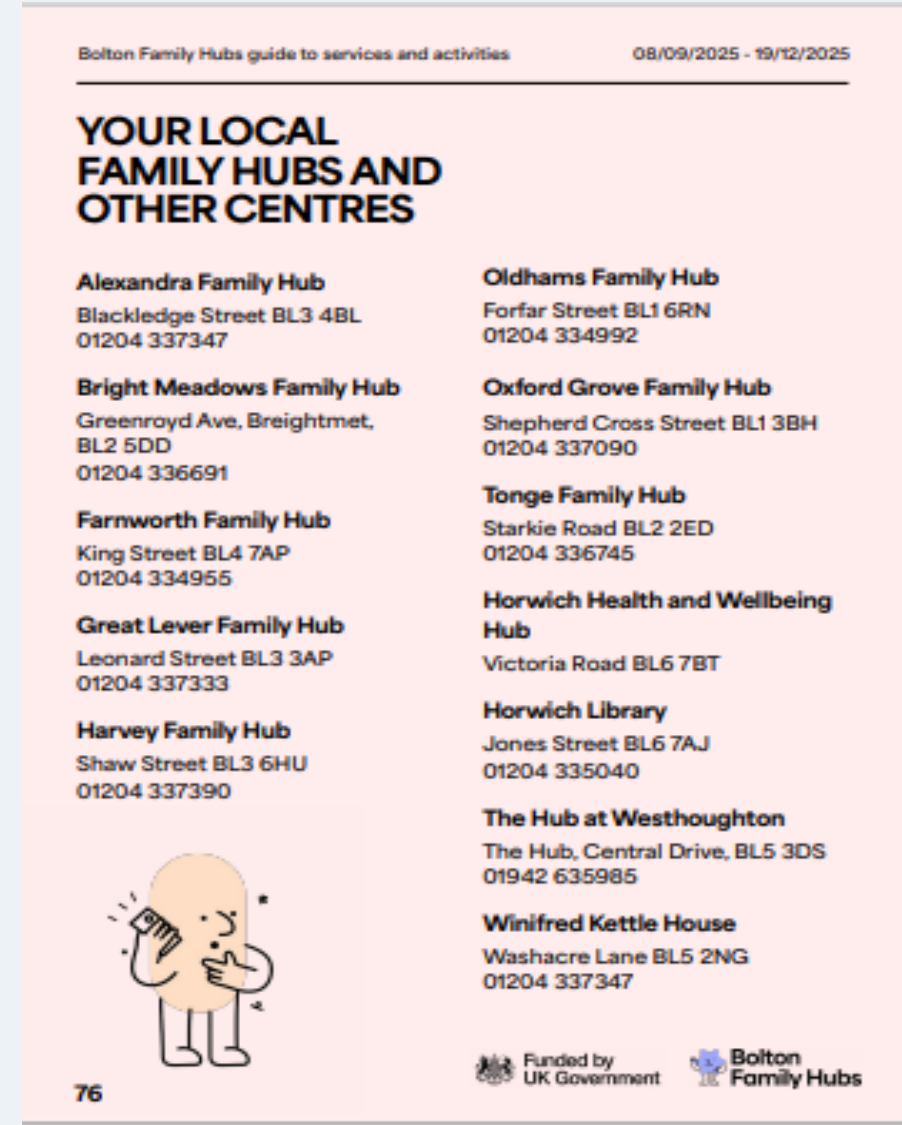
Building a brighter future
with you in mind

Coming up: Family Hubs

The new Family Hub Guide to services for April – July 2026 has just been released!

For more information, visit:
[Bolton Family Hubs Spring 2026 newsletter](#)

You can also follow on Facebook:
<https://www.facebook.com/boltonfamilyhubs/>
<https://www.facebook.com/boltonearlyyears>



Coming Up: Farnworth Family Hub

Best Start Family Hubs Bolton Guide to Services and Activities 20/04/2026 - 17/07/2026

WHAT'S ON AT: FARNWORTH BEST START FAMILY HUB

King Street, BL4 7AP
Telephone: 01204 334955

Find us on
Facebook



Hub opening hours:

9:00am - 5:00pm
Monday and Friday
9:00am - 6:00pm
Tuesday, Wednesday,
and Thursday
9:00am - 4:00pm
Saturday 18 Apr, 16 May,
13 Jun, 4 Jul

Stay and Play

Drop-in for families with children aged 0-5 years. Term time only. See page 43

Mondays, 10:00am - 11:00am

Family Fun Time

Drop-in for families with children of all ages. Except Bank Holidays. See page 57

Mondays, 3:30pm - 4:30pm

Chat, Play, Read

Drop-in group for families with children 12 months +. See page 53

Tuesdays, 1:00pm - 2:00pm

Easter REAL Activities (Raising Early Achievement in Literacy)

Perfect for ages 3-4, but all families welcome. Enjoy logo hunts, storytime, and messy play, and take home simple, low cost ideas to support literacy. No need to book. See page 54

Tuesday 7 Apr, 1:00pm - 2:30pm

Baby Babble and Bond

Drop-in group for families with babies 0-12 months. See page 36

Wednesdays, 9:30am - 10:30am

Breastfeeding Group

Drop-in and meet other breastfeeding parents. See page 31

Wednesdays, 11:00am - 12:00pm

Best Start Family Hubs Bolton Guide to Services and Activities 20/04/2026 - 17/07/2026

Baby in Mind

Specialist Parent Infant Mental Health Practitioner support for parents and caregivers (antenatal and 0-2 years). To arrange a time to meet, see page 41

Wednesdays, 12:30pm - 4:00pm

Bolton Shared Care SEND Support Drop-in

An information session for families of children with SEND to meet others, discuss shared experiences, and learn about available support services. See page 49

Wednesday 3 June, 10:00am - 12:00pm

With You in Mind

Drop-in peer support group for parents with children aged 0-2 years (expectant parents welcome). Continues during half-term. See page 41

Wednesdays, 1:15pm - 2:45pm

Join a Togetherness group 'Understanding your child'

A 10-week group for families with a child under 3 years old. *Advance sign up required. See page 47

***Thursdays, from 30 Apr for 10-weeks, 10:00am - 12:00pm**

Chat, Play, Read

Drop-in group for families with children 12 months +. See page 53

Thursdays, 1:00pm - 2:00pm

Stay and Play

Drop-in for families with children aged 0-5 years. Term time only. See page 43

Fridays, 10:00am - 11:30am

Baby Babble and Bond

Drop-in group for families with babies 0-12 months. See page 36

Fridays, 1:00pm - 2:00pm

Best Start Family Hubs Bolton Guide to Services and Activities 20/04/2026 - 17/07/2026

Cooking Wizards

Classes to help children aged 8 and over learn basic cooking skills to boost confidence and independence. *Advanced booking required. See page 58

***Saturdays**

Family Help Saturday Parenting Advice Drop-in

For families with children 18 years and under. Drop-in between 10:00am - 4:00pm. See page 62

Saturday 18 Apr, 16 May, 13 Jun, 4 Jul

Preparing to Breastfeed Workshop

Come along if you're pregnant and thinking about breastfeeding. See page 29

Saturday 4 Jul 10:00am - 12:15pm

Come and enjoy our children's space

Enjoy the toys, mark-making, and our book corner, with the option to take books home. We also issue Bolton library cards! See page 56 for information.

Free Data SIM Cards through the National Databank

Free SIM cards and mobile data. Eligibility applies. Call in and speak to our team.

Antenatal Clinic

Clinics operate by appointment only. See page 26 for information.

Well Baby Clinic

Clinics operate by appointment only. See page 35 for information.

ACTIVITIES AT KEARSLEY WOODBRIDGE COLLEGE

Shake, Rattle, and Roll

Active music and movement session for families with 0-5s. *Term time only/excluding Bank Holidays. See page 45

Mondays*, 9:30am - 10:15am

Baby Babble and Bond

Drop-in group for families with babies 0-12 months. *Term time only. See page 36

***Mondays, 1:30pm - 2:30pm**

There are lots of groups on at Farnworth Family Hub throughout the week. Please take a look at the Family Hub Guide to find out more!

Coming up: Family Activities

Join Bolton Together Charity for the FREE 10 weeks sessions, designed to help you understand your child's development and emotions, and strengthen your bond.

To book your free place:

📞 07514 484157

🌐 famiestogether.org.uk

Baby in Mind

Individual sessions for parents and caregivers (antenatal and 0-2). With an NHS Specialist Parent Infant Mental Health Practitioner. This is a supportive, confidential space to share and think together about any worries or concerns you may have and how we can be helpful. To arrange a time to meet, please email babyinmind.pairs@gmmh.nhs.uk

Alexandra Family Hub	Mondays	9:30am - 1:00pm
Great Lever Family Hub	Mondays	9:30am - 1:00pm
Oxford Grove Family Hub	Tuesdays	9:30am - 1:00pm
Tonge Family Hub	Tuesdays	9:30am - 1:00pm
Farnworth Family Hub	Wednesdays	12:30pm - 4:00pm

With You in Mind

Drop-in peer support group for parents with children aged 0-2 years (expectant parents welcome). Come along, meet others, and share your experiences.

Continues during half-term, except bank holidays. For information, call **01204 216537** or email: Sharonfletcher@homestarthost.org.uk

Tonge Family Hub	Mondays	10:30am - 12:00pm
Oxford Grove Family Hub	Tuesdays	1:15pm - 2:45pm
Farnworth Family Hub	Wednesdays	1:15pm - 2:45pm

Bolton Shared Care SEND Support Drop-in

An information session for families of children with SEND to meet others, discuss shared experiences, and learn about available support services. For more information email: Shaheeda.patel@bolton.gov.uk or Elaine.nuttall@bolton.gov.uk

Farnworth Family Hub
Wednesday 3 June
10:00am - 12:00pm

Stay and Play

Stay and play for children aged 0-5 years with activities like messy, sensory and free play; indoor and outdoor activity. No need to book. Term time only.
Bolton Toy Library*
Bolton Wanderers in the Community (BWITC)**
The Hub at Westhoughton ***

Farnworth Family Hub*	Mon	10:00am - 11:00am
Alexandra Family Hub*	Mon	1:00pm - 2:00pm
Harvey Family Hub*	Mon	1:00pm - 2:00pm
Harvey Family Hub*	Tue	10:00am - 11:00am
Harvey Family Hub*	Tue	1:00pm - 2:00pm
Great Lever Family Hub*	Tue	1:00pm - 2:00pm
Alexandra Family Hub**	Wed	10:00am - 11:30am
Harvey Family Hub*	Wed	1:00pm - 2:00pm
Tonge Family Hub*	Wed	1:00pm - 2:00pm
Bright Meadows Family Hub*	Thu	(except Thu 7 May) 10:00am - 11:00am
Harvey Family Hub*	Thu	10:00am - 11:00am
Oldhams Family Hub*	Thu	(except Thu 7 May) 1:00pm - 2:00pm
The Hub at Westhoughton***	Thu	1:30pm - 2:30pm
Farnworth Family Hub**	Fri	10:00am - 11:30am

TOGETHERNESS NHS

Bringing the Solihull Approach to the world



BABIES &
CHILDREN
ARE
WELCOME!

Spring Group

Farnworth Family Hub

King Street, Bolton, BL4 7AP

Starting 30th April

Every Thursday 10am-12pm (2 hours) for 10 weeks

Thursday 30th April - Thursday 9th July

To find out more or book a place go to:
famiestogether.org.uk

CALL:
07514
484157
TO BOOK

UNDERSTANDING YOUR CHILD



SOLIHULL APPROACH

Coming up: Mental Health Awareness Week

This year's Mental Health Awareness week is taking place between **11 - 17 May 2026**.

This year's theme is 'ACTION' because, while awareness is vital, real change comes when we take action too. Even small actions can help us feel hopeful and less powerless. And while our individual actions matter, when we come together, we are even more powerful.

The Mental Health Foundation recommend these 'Top 10 Actions' to support good mental health:

1. Plan something to look forward to
2. Eat well
3. Get closer to nature
4. Get good sleep
5. Get creative
6. Move regularly
7. Try mindfulness
8. Make time for friends
9. Be kind
10. Talk things over with someone you trust

Find what works best for you!

There are events happening across Bolton- come along and get involved!

Find out more  <https://letskeepboltonmoving.co.uk/>

ACTION
FOR YOURSELF.
FOR SOMEONE ELSE.
FOR ALL OF US.

For more tips and information, visit:
www.mentalhealth.org.uk



MON



CONNECT

BOLTON WALK OF HOPE

Monday 11th May
12pm - Meet at Victoria square -
Opposite Coffee House
Come meet our community wellbeing partners
at the LKBM Gazebo for a wellbeing chat



TUE



LEARN

CHATTY BENCHES,

11 till 1pm Bolton market
Lifestyle Hall BL1 1TJ
Join us for Chat friendly space where people can sit, chat, and connect. Designed to reduce loneliness and encourage conversation, everyone is welcome to stop by for a relaxed chat.

WED



ACTIVE

WALK OF THE WEEK - NEW HOUSE WEDNESDAY WALKERS

Meet at 10:30am
New House Farm Car Park
Off Hollycroft Avenue, Darcy Lever BL2 6HE
Everyone welcome to join this friendly weekly walk.

THURS



NOTICE

LET'S KEEP BOLTON MOVING WEBSITE

Check out our Let's Keep Bolton Moving website for a wide range of physical activity, health, and wellbeing activities across Bolton:
letskeepboltonmoving.co.uk

FRI



GIVE

COMMUNITY CHAMPIONS

If you're passionate about helping people, have a positive, can-do attitude, and want to make a real difference in your community, we'd love to hear from you.
Find out more and get involved:
letskeepboltonmoving.co.uk/communitychampions

Let's Keep Bolton
Moving >>>

ACTIVITIES | HEALTH | WELLBEING



Coming up: Dementia Action Week

Celebrate Dementia Awareness Week 2026 in Bolton!

Monday 18 May 2026 - Bolton Town Square

Outdoor community engagement including the sensory dementia bus, partner stalls, and conversations with the public about dementia awareness, brain health, and local support.

Tuesday 19 May 2026 - Bolton Central Library

Indoor engagement with partner organisations offering information, support, and signposting in a calmer setting. Both events aim to raise awareness of dementia, connect people with local support, and create space for conversations with communities across Bolton, including engagement with global majority groups.

For more information, please contact: helloLKBM@bolton.gov.uk

Spotlight on Dementia

Celebrate Dementia Awareness Week 2026
in Bolton!

Monday 18th May
11am - 3pm, Victoria
Square (Bolton Town
Centre)

Step Inside
the Brain on the
Virtual Dementia
Tour Bus

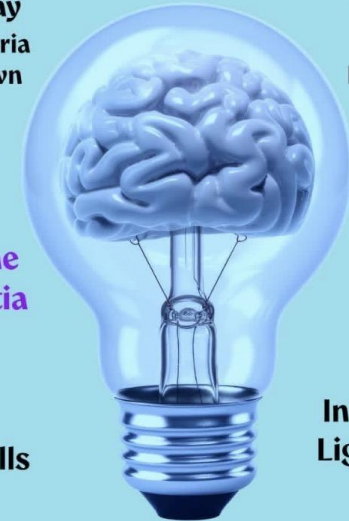
Plus health
information stalls

Tuesday 19th May
11am - 3pm,
Bolton Central Library

Community
Connections &
Morning of
Memories

Information stalls.
Light refreshments
provided

For more information contact:
helloLKBM@bolton.gov.uk



Coming up: GM Walking Festival 2026

The GM Walking Festival is a celebration of walking and wheeling, as part of May's National Walking Month.

It's an opportunity for everyone, whatever role you play in Greater Manchester, to celebrate the many benefits of walking/ wheeling more as a fundamental part of daily life.

Walking and wheeling (meaning to moving at walking pace e.g. pushchairs, wheelchairs, and other forms of mobility aids) has many benefits including meeting new people, getting outdoors, and discovering new places, which are shown to improve health and wellbeing and reduce social isolation.

Each year, **GM Moving** works with partners, communities, and groups, to develop a programme of free, organised group walks across GM which are open to all.

For more information, visit: [GM Walking Festival](#)





Thank you for your continued support!

If you would like to showcase your work or service in the next newsletter, please send the details to:

Kathryn.brignall@boltonft.nhs.uk

If you know of anyone who would like to be included in the distribution list, please also let Kath know 😊