

Sexting Dangers...

It's **illegal** to take, send or receive nudes of anyone under 18, including selfies.

Remember once a picture or video is sent it is impossible to get it back. It could end up anywhere. It could be posted online.

It could be used to blackmail you with the threat of being further distributed or sent to friends and family.



Worried your nudes have been shared online?

Tell an adult you trust.

Police are here to support you, not judge you. You can **make a report online** or phone us on **101** to report any incidents about sexting.

We will assess the circumstances of each case individually and deal with these incidents in a sensitive manner.

Stay safe **online**

Gwasanaeth Ysgolion
Heddlu Gogledd Cymru
North Wales Police
Schools Service



HEDDLU
GOGLEDD CYMRU
NORTH WALES
POLICE

Sexting Dangers...

It's **illegal** to take, send or receive nudes of anyone under 18, including selfies.

Remember once a picture or video is sent it is impossible to get it back. It could end up anywhere. It could be posted online.

It could be used to blackmail you with the threat of being further distributed or sent to friends and family.



Worried your nudes have been shared online?

Tell an adult you trust.

Police are here to support you, not judge you. You can **make a report online** or phone us on **101** to report any incidents about sexting.

We will assess the circumstances of each case individually and deal with these incidents in a sensitive manner.

Stay safe **online**

Gwasanaeth Ysgolion
Heddlu Gogledd Cymru
North Wales Police
Schools Service



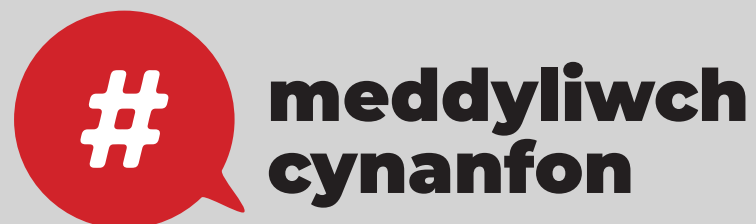
HEDDLU
GOGLEDD CYMRU
NORTH WALES
POLICE

Peryglon **Secstio...**

Mae'n **anghyfreithlon** cymryd, anfon neu dderbyn lluniau noeth o unrhyw un o dan 18 oed, gan gynnwys 'selfies'.

Cofiwch – unwaith mae llun neu fideo wedi'i anfon, mae'n amhosib ei gael yn ôl. Gallai fynd i unrhyw le. Gallai gael ei roi ar-lein.

Gallai gael ei ddefnyddio i'ch blacmelio efo'r bygythiad o'i ddsbarthu ymhellach neu ei anfon ymlaen at ffrindiau a theulu.



Yn poeni bod eich lluniau noeth wedi'u rhannu ar-lein?

Dywedwch wrth oedolyn 'da chi'n ymddiried ynddyn nhw.

Mae'r heddlu yma i'ch helpu chi, ac nid eich beirniadu chi. Mi allwch chi **riportio ar-lein** neu ein ffonio ni ar **101** er mwyn riportio unrhyw ddigwyddiadau o secstio.

Mi wnawn ni asesu amgylchiadau pob achos yn unigol, ac ymdrin â'r digwyddiadau hyn mewn modd sensitif.

Cadwch yn ddiogel **ar-lein**

Gwasanaeth Ysgolion
Heddlu Gogledd Cymru
North Wales Police
Schools Service



HEDDLU
GOGLEDD CYMRU
NORTH WALES
POLICE

Peryglon **Secstio...**

Mae'n **anghyfreithlon** cymryd, anfon neu dderbyn lluniau noeth o unrhyw un o dan 18 oed, gan gynnwys 'selfies'.

Cofiwch – unwaith mae llun neu fideo wedi'i anfon, mae'n amhosib ei gael yn ôl. Gallai fynd i unrhyw le. Gallai gael ei roi ar-lein.

Gallai gael ei ddefnyddio i'ch blacmelio efo'r bygythiad o'i ddsbarthu ymhellach neu ei anfon ymlaen at ffrindiau a theulu.



Yn poeni bod eich lluniau noeth wedi'u rhannu ar-lein?

Dywedwch wrth oedolyn 'da chi'n ymddiried ynddyn nhw.

Mae'r heddlu yma i'ch helpu chi, ac nid eich beirniadu chi. Mi allwch chi **riportio ar-lein** neu ein ffonio ni ar **101** er mwyn riportio unrhyw ddigwyddiadau o secstio.

Mi wnawn ni asesu amgylchiadau pob achos yn unigol, ac ymdrin â'r digwyddiadau hyn mewn modd sensitif.

Cadwch yn ddiogel **ar-lein**

Gwasanaeth Ysgolion
Heddlu Gogledd Cymru
North Wales Police
Schools Service



HEDDLU
GOGLEDD CYMRU
NORTH WALES
POLICE