

# OPALS

Older Persons  
Activity Learning  
and Safety

Includes a  
**FREE hot lunch  
& refreshments**  
donated by HILS

## FREE EVENT

offering safety information,  
help and advice for the older person



**8th November 2024 • 10am-2pm**

**Friendship House**

Wellfield Close, Hatfield, AL10 0BU

Contact Terry Morris on **07740 670 642**  
or email **[terry.morris@hertfordshire.gov.uk](mailto:terry.morris@hertfordshire.gov.uk)**



HERTFORDSHIRE  
CONSTABULARY

**Pre**vention First

**Attendees include:** Hertfordshire Fire and Rescue, Hertfordshire Police, Hertfordshire Trading Standards, Neighbourhood Watch, Small Acts of Kindness Hertfordshire, Herts Independent Living Service (HILS), and many more helpful organisations.