

# KETAMINE

# **Contaminated with Medetomidine**

Several recent lab tests in Manchester on samples of drugs sold as ketamine have detected the presence of Medetomidine.

- Medetomidine is a potent sedative used by vets on large animals.
- Medetomidine is similar to Xylazine but 200 times more potent and longer lasting.
- The combination of Ketamine and Medetomidine is likely to result in extreme prolonged sedation and could be fatal.
- The combination of Ketamine and Medetomidine may also leave you extremely vulnerable and at risk of sexual assault or robbery.

## **Harm reduction Advice**

- Test your ketamine with Medetomidine test strips\* (throw away if positive)
- Start with a small test dose and don't take more for at least an hour
- Don't use alone: look out for your friends

### If a friend is in trouble

- Medetomidine causes heavy prolonged sedation. If they have trouble breathing, turn pale or have blue lips: clear any vomit that is blocking their throat; lean the head back; use CPR if you know how
- If they are unconscious and can't be roused, put them into the Recovery Position to avoid them drowning in their own vomit
- If a friend is in trouble, phone for an ambulance or seek help from medical welfare staff straight away. If in doubt, call for help.

### The Recovery Position



Put the hand closest to you by the head (as if they were waving)



Put the arm furthest away from you across the chest, so that the back of the hand rests against the cheek



Hold the hand in place and lift up the knee furthest away from you, making sure the foot is planted firmly on the ground



Turn them on their side by pushing down on their knee

\*Medetomidine test strips can be purchased online.

Dependent often daily use of ketamine is increasing and leading to an increase in serious damage to peoples bladder, kidneys and liver as a result.

Help and advice is available from your local drug service