

We work in collaboration with:



STUDENTS' UNION UCL

UCL



Bridge Watch



to find out more:



to apply:



02083299641



Bridgewatch@ascensiontrust.org.uk

According to research...
1 in 5 people have suicidal thoughts
1 in 14 self harm
1 in 15 attempt suicide
In the UK, there are around 500 suicides per month (NHS Digital)



About Us

Bridge Watch is an initiative where teams of volunteers will 'patrol' the bridges in the City of London to identify, engage, and support anyone at risk of suicide or self harm.

The power of listening

Bridge Watch uses proven protocols, but we rely on volunteers to identify vulnerable people and provide support. Often all it takes is a steady human presence to get someone back from the brink.

"I'm so grateful to him for stopping and talking"

Suicide Survivor

WE ARE RECRUITING!

Program roles

Bridge Patrol

4h/month

- Patrol London bridges in teams (2 hour shifts)
- Identify and intervene with individuals showing any intent to self-harm or enter the water
- Contact emergency services when needed
- Signpost individuals to obtain further help

General Coordinator

10h/month

- Recruit and manage volunteers
- Develop and implement promotional strategies
- Coordinate the Bridge Watch x UCL collab
- Organise events to raise awareness amongst UCL students regarding our mission

Social media manager

10h/month

- Develop social media strategies to increase brand awareness and engagement
- Create content for our social media channels and engage with our online community
- Collaborate with UCL to generate promotional materials

Fundraising and outreach

10h/month

- Identify potential industry partners for collaboration and sponsorships
- Prepare proposals for sponsors and donors
- Coordinate relationships with existing partners
- Plan and execute fundraising events and outreach strategies

What you gain

Free suicide prevention training

Free first-aid training with St John Ambulance

Free water Safety training with RNLI

Certification for all training received (eg. ASIST)

Certification for various levels of volunteering hours

Valuable experience and skills to enhance your **CV**

Networking opportunities

Reference letter from the project coordinator

Opportunity for your role to become **paid**

AND SAVE LIVES!