Bolton Carers Support

December 2026 Carers Bulletin

www.boltoncarers.org.uk

Bolton Carers Support Annual General Meeting

Annual General Meeting
Thursday 10th December
10.30am to 11.30am
Thicketford Centre.

This is a great opportunity to find out more about our work, hear about what we've been doing to support carers and share in our plans for the future. Afterwards, stay for a friendly chat with our staff team over a coffee. We'd love to see you there, so come along, meet the team and enjoy a warm welcome!

All Welcome, book your place on 01204 363056.

Raffle Tickets Now on Sale!

Raffle tickets available for £2 each, with lots of fantastic prizes to be won, including a delicious homemade Christmas Cake from Ayleen. Tickets can be purchased from a member of staff at any of our hubs across Bolton, or by calling our Helpline on 01204 363056. Thank you for your support. The raffle will be drawn after our AGM.



Bolton Carers Support & Citizens Advice

We are working closely with Citizens Advice Bolton to help carers get the right advice and support with their finances and benefits. We can refer carers for specialist help with welfare rights, benefit entitlement, making claims and other financial concerns.

We understand that managing finances can be difficult when you are caring for someone and we want to make sure you are receiving all the support you are entitled to.

If you need advice or support, please get in touch with us on 01204 363056 and we can discuss your needs and refer you to Citizens Advice Bolton where appropriate.

Christmas Mini Market & Mince Pies

Wednesday 2nd December 11am-1pm
Thicketford Centre

Join us for a lovely festive morning filled with Christmas cheer!

Browse the handmade gifts created by Ayleen's Craft Group and visit our 'Pocket Money' gift stall, perfect for picking up a little Christmas present or two.

Hot drinks, delicious mince pies and some light-hearted festive activities.

Whether you fancy a spot of Christmas shopping, a mince pie and a cuppa or simply a chance to catch up and enjoy some friendly company, we'd love you to join us.

Everyone is welcome!





Carers Assessments

If someone relies on you for support,you may have the right to a carers assessment with Bolton Council. Carers assessments are a conversation about you, your wellbeing and your goals. To find out more and to be referred for a carers assessment, contact us on 01204 363056. If you have already had a carers assessment in the past and circumstances have changed you can request a further assessment, again get in touch with us to discuss your needs.

Christmas & New Year Helpline Opening Times

Monday 21st December - 10am to 4pm
Tuesday 22nd December - 10am to 4pm
Wednesday 23rd December - 10am to 4pm
Thursday 24th December - 10am to 4pm
Friday 25th Decemebr - Closed
Monday 28th December - Closed
Tuesday 29th December - 10am to 4pm
Wednesday 30th December - 10am to 4pm
Thursday 31st December - 10am to 4pm
Friday 1st January - Closed

Join us in December

Christmas Quiz on Zoom

Thursday 3rd December
11.30am
Call 01204 363056 for the Zoom link

Knit & Natter

Wednesday 9th and 16th December
10-12 noon
Thicketford Centre
Knitting, crafting, coffee & friendly company
Carer & Cared For Welcome



Pottery Workshop

Christmas Social

Wednesday 16th December
10.30-12noon
Thicketford Centre

Come along for a festive get-together Christmas activities, music and a friendly chat
Everyone is welcome

Conversation Cafe

Shanti Medical Centre
160 St.Helens Rd BL3 3PH
Wednesday 9th December
11-1pm



DIY Workshop

Winter Wreath Session

Join us to make your very own winter wreath
This session is being run by the GP Federation and places are limited.
Wednesday 2nd December
10-11.30am
The John Holt Community Centre
Birch Ave BL5 2NR
Booking Essential, Carers Only

Carers Relaxation

Yoga Nidra – Deep Rest and Rejuvenation

Thicketford Centre
Monday 7th December
10.30-11.30am

Carers Only - Booking Essential



Carers enjoying Women in Culture Day

Carers Hubs

Carers Hubs are warm, welcoming spaces where carers can come together to chat, enjoy a cuppa, connect with others who understand and access helpful information and support in a relaxed setting.

Westhoughton Robert Shaw Pub, Market St BL5 3AN
Monday 21st 10.30-11.30am

Horwich The Bridge Church, Rock St. BL6 5QS
Wednesday 9th December 10-11am

Hall i' th' Wood Greenway Community Centre BL1 8HA
Monday 7th December 10.30-11.30am

Daubhill Church of the Nazarene, Southend St. BL3 3PU
Wednesday 9th December 11.30-12.30pm

Tonge Moor UCAN Centre
Every Monday 11-12noon

Little Lever Christ Church Mytham Rd BL3 1JE
Wednesday 16th December 11-12noon

Bromley Cross Library The Crescent, BL7 9JU
Thursday 10th December 11.45-12.45pm

Kearsley Methodist Church, Manchester Rd
Tuesday 15th December 10.30-11.30am

Blackrod Community Centre, Greenbarn Way BL6 5TG
Tuesday 15th December 12.30-1.30pm

Both carer & cared for are welcome to attend.