

AUTUMN NIGHTS Crime Prevention

As the evenings become darker and autumn approaches, now is a great time to think about the simple steps we can all take to keep ourselves, our homes and our vehicles safe.

Here is some practical advice from your local Neighbourhood Policing Team

Burglary Prevention

- Keep doors and windows locked, even when you are at home.
- Use timer switches on lights when out during the evening.
- Ensure side gates, sheds and garages are securely locked.
- Avoid leaving packaging for high-value items on display outside your property.

Vehicle Crime Prevention

- Always remove valuables, bags and electronic devices from your vehicle.
- Double-check that your vehicle is locked before walking away.
- Consider using a steering wheel lock or other visible security device.
- Park in well-lit areas where possible and activate any fitted alarms or tracking devices.

Personal Safety

- Stick to well-lit, busy routes when walking, especially alone.
- Avoid distractions such as mobile phones or headphones that reduce your awareness of your surroundings.
- Let someone know your route and expected arrival time if travelling at night.
- Trust your instincts. If something does not feel right, move to a safer location and seek assistance.
- Keep keys in your hand before reaching your home or vehicle to minimise time spent searching for them.

✅ A few simple precautions can make a big difference in reducing opportunities for crime and helping you feel safer when out and about.

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Crime Prevention

As we head into Autumn with darker nights and the potential increase in household burglaries, we wanted make you aware of burglary crime prevention steps you can adopt.

The 3 STEP PROTECT strategy aims to simplify burglary prevention advice and encourage residents to think about security measures. We encourage Londoners to think about burglary prevention in a different way and reappraise your security behaviours and the actions you can take to protect yourselves by reducing your vulnerability.

The strategy focuses on three areas that all burglary prevention advice fits into:

- Protect your Valuables
- Safeguard your Building
- Secure your Outside

www.met.police.uk/burglary



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