

Supporting People Through Their Grief



Pop-up Café

We are a pop-up service in Bolton, Wigan, and beyond, offering peer support for those dealing with grief and loss. We provide a safe space to talk, connect with others who understand, and receive guidance, advice, and new connections.

Living with Loss

Workshops designed to provide guidance and strategies for individuals who are learning to navigate daily life amidst the deep sorrow of losing a loved one - 5 Week Group Workshop.

Support & Listening

A safe space where individuals can openly share their feelings and experiences of loss, and receive empathetic support from others who understand their journey.

Grief Awareness

Workshops designed to help individuals, schools, and businesses understand and better support those navigating the complex journey of grief and loss.

Youth Support

We provide support to children dealing with grief through our Youth Cafés, located within their learning environments. These weekly group sessions help them understand and express their emotions. By working directly with the schools, we ensure that the right measures are in place to offer the needed support and guidance.

One to One Listening

We recognise the healing power of being heard and understood, which is why we provide dedicated one-on-one listening sessions.



Turn over to
find out
more...



✉ Info@TheBereavementCafé.co.uk

🌐 www.TheBereavementCafé.co.uk

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Become a Friend

Join our mission to support individuals in their journey of grief. Becoming a friend of The Bereavement Café is not just about giving; it's about making a meaningful difference in the lives of those dealing with loss.



Plant a Sunflower

The sunflower, with its bright and uplifting presence, is often associated with loyalty, longevity, and adoration. By planting an online sunflower, you're not just honouring your loved one's memory, but also expressing the everlasting bond you share with them.



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