## People's Advice Day

The Later Life partnership NEL are hosting a Showcase Event which will be an opportunity for older people, their families, friends and Carers to find out more about what local services are available to enrich their lives and support them to age well.

A variety of stalls providing useful information, help & advice on topics such as:

Benefit Entitlements Blue Badge Support Carers Support Getting out & about Health Housing Social Care Staying Safe In The Home

And Much More ...



Later Life

Partner-hip NEL

## WEDNESDAY 8<sup>TH</sup> OCTOBER 2025

Memorial Hall, Cleethorpes, DN35 8AH **10AM TO 2PM** 



For more information please call 01472 602500

or email

advice.LaterLifePartnershipNEL3@outlook.com









## Who We Are



Email: admin@friendshipathome.org.uk Telephone: 01472 602500 www.friendshipathome.org.uk Friendship at Home are a registered charity, offering friendship and support services to people over 60 across North East Lincolnshire.

Our aim is to reduce loneliness and social isolation and improve older peoples quality of life.

We offer a variety of services including:

1-1 befriending, telephone befriending, social activities, exercise groups, wellbeing checks, hospital discharge service, tablet loan/I.T Support, info, advice & signposting.

Age UK North East Lincolnshire aims to promote your wellbeing and make later life a fulfilling and enjoyable experience though our social centres, activities and services available from our centres in Grimsby and Cleethorpes.

You can enjoy hot meals and the chance to socialise in our pop in cafes or have meals delivered to your home. Other services include legal and financial advice, hairdressing, chiropody, shopping trips, exercise classes, and even a handyman service.



admin@ageuknelincs.org.uk Telephone: 01472 344976 www.ageuk.org.uk/northeastlincs



Email: admin@care-link.org.uk Telephone: 01472 312312 www.carelinknel.co.uk Carelink promotes independent living and peace of mind with the lifeline alarm system and range of accessories that provide help and assurance 24 hours a day, seven days a week from our local support team. We're not just for the elderly. If you are isolated, vulnerable, and need the reassurance that a caring professional is on hand day and night, get in touch with us today.