



Central East BCU — Bow East SNT Safer Neighbourhood Newsletter October 2026

Your Safer Neighborhood Team

Your Local SNT teams are overseen by

PS CHAMBERS

PC Evans, PC McCarthy,
PC Guelfi, PC Jarasiute,

PCSO Das, PCSO Christopher,
PCSO Iftkhar, PCSO D'Imperio

Safer Neighborhood Officers conduct regular highly visible patrols across the ward to deter and disrupt criminal activity and anti-social behavior. They also hold regular crime prevention events, public contact sessions and community meetings to hear about the issues that matter most to you

Contact us

Bow East Safer Neighbourhood e-mail account is NOT monitored 24/7 and is NOT for the public to report crimes on. Please use the non-emergency number 101 or complete an Online report.

IN AN EMERGENCY DIAL 999

Bow East SNT contact us:

CEMailbox.BowEast@Met.Police.uk



Social Media



MET ENGAGE:

Get the most out of your neighborhood with **MET ENGAGE**. It's where communities come together, exchange recommendations. Read the latest local news and be made aware of upcoming events from public services.

Register with MET ENGAGE:

www.metengage.co.uk

Sign Up for Met Engage & complete the Local Area survey at: **<https://survey.metengage.co.uk>**

Neighborhood Watch

To find out what groups are active in your area and to register to join [London Borough of Tower Hamlets | Neighborhood Watch Network \(ourwatch.org.uk\)](https://www.london.gov.uk/what-we-do/what-we-offer/neighborhood-watch)





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Community Engagement / Action:

You Said: Bicycle theft and Anti-Social Behavior in the area.

We did: Recently we have conducted a Bike Marking Event at Rookwood Way, Fish Island, E9



Officers from Bow East SNT increased high visibility patrol around Annie Besant close, E3.



Violence against women and girls (VAWG): Bow East SNT conducted VAWG event at White Post Lane, E9. Crime prevention & safety advice was provided to residents, shopkeepers and visitors.



BOW EAST SNT Officers conducted VAWG Event & High Visible Patrol in and around Queen's Yard E9



METROPOLITAN
POLICE

 **CRIMESTOPPERS**
0800 555 111



Bike Register®
The National Cycle Database

NEW
SCOTLAND
YARD



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Crime in Your Area

If you have a problem in your area but don't want to talk to Police, Contact Crimestoppers or Fearless.

These organizations are confidential and you will not be asked for your details.

Crimestoppers.
Speak up. Stay safe.

0800 555 111
100% anonymous. Always.

DONATE GIVE INFORMATION ANONYMOUSLY

GIVE INFORMATION SUPPORT US KEEPING SAFE ABOUT THE CHARITY PARTNER WITH US NEWS & CAMPAIGNS

"Is Crimestoppers really anonymous?"
It's a question we're often asked. And the answer is that we are 100% anonymous. Always.

fearless
part of Crimestoppers

0800 555 111
100% anonymous. Always.

Give information anonymously

What is Fearless? More Info News Parents/Guardians Professionals

What is Fearless?
Fearless enables young people to pass on information about crime 100% anonymously

Number of Crimes in your Area – October 2026

for a more in-depth statistics and data for London please visit

<https://www.met.police.uk/sd/stats-and-data>

Crime type	Tower	Bow East
Theft and Handling	Hamlets 1220	65
Violence	935	55
Burglary	200	17
Drugs	207	17
Criminal Damage	176	12
Robbery	111	8
Sex offences	98	4
Miscellaneous	52	7

Upcoming Events

VAWG Events:

(Violence against Women and Girls) Event 07:30 – 09:30 Hrs / 24th November 2026 - Tuesday, Hackney Wick station - E9

Met Engage Event, Time 15:00 - 17:00 hrs, Mon 30 November 2026, Victoria Park E3, London.

Dates Are Subject to change / Cancellation subject to Staff availability.



**METROPOLITAN
POLICE**

