

# PROTECT YOURSELF FROM COURIER FRAUD

In most cases, courier frauds are when a criminal calls you claiming to be from your bank, the police or another trusted company.

## Follow our tips to protect yourself:

- Be wary of unsolicited calls requesting personal or financial information
- Never provide money, bank details or make purchases after unexpected calls
- Speak to friends or family before taking action

For more crime prevention advice visit:

Report online at **[www.met.police.uk](http://www.met.police.uk)**  
or call **101**. In emergencies call **999**.



**METROPOLITAN  
POLICE**

**STOP!  
THINK FRAUD**  
NATIONAL CAMPAIGN AGAINST FRAUD