

STAYING SAFE IN PUBLIC PLACES AND PARKS

Let's work together to prevent
violence against women and girls

YOUR
SAFETY
MATTERS



KNOW YOUR RIGHTS



You have the right to feel
safe in public spaces.



Harassment, abuse, stalking,
indecent exposure and
sexual assault are crimes.



You have the right to be
listened to and to get help.



It is **never** your fault.
Reporting helps keep
everyone safer.



IF YOU FEEL UNSAFE

- Move away from the situation
- Go to a busy or well-lit area
- Call 999 if you are in immediate danger
- Ask for help – in a shop, café, or from staff or other people nearby



EVERYONE CAN HELP

Challenge unacceptable behaviour.
Respect others. Listen and believe.
Together, we can create safer
spaces for women and girls.

STAY AWARE. STAY SAFE.



Be aware of your surroundings

Trust your instincts. If something
doesn't feel right, it probably isn't.



Plan ahead

Check routes, lighting and transport
options. Share your plans with
someone you trust.



Stick together

There is safety in numbers. Look out
for your friends and others.



Keep your phone handy

Keep it charged and easy to access
to call for help if needed.



Move to well-lit, busy areas

Avoid isolated paths, shortcuts and
areas with no clear exits.



Speak up

If you see harassment or someone
in distress, intervene safely or find
help. Small actions can make
a big difference.

NO EXCUSE
FOR ABUSE.

SEE IT. STOP IT.
REPORT IT.



In an emergency
always dial **999**

If it's not an emergency
dial **101**

Working together for
a safer community





ADVICE, SUPPORT & USEFUL CONTACTS



**METROPOLITAN
POLICE**



The Women's Safety Alliance

☎ 0207 232 0860

✉ was@bedehouse.org.uk



Faraday Neighbourhood Policing Team

✉ sntmd-faraday@met.police.uk

Email not monitored 24 hours
a day



Metropolitan Police

☎ 999 - Emergency

☎ 101 - Non -Emergency

🌐 met.police.uk



CGL Drug & Alcohol Service

☎ 0208 629 2348

✉ CGL.southwark@cgl.org.uk

🌐 changegrowlive.org



Southwark Council ASB

🌐 southwark.gov.uk/form/
report-antisocial-
behaviour

☎ 0207 525 5777



NHS England

111.nhs.uk

☎ call 111



Suzy Lamplugh Trust

suzylamplugh.org

☎ 0207 091 0014

National Stalking Helpline: ☎ 0808 802 0300

HOW TO REPORT



In an emergency
always call 999

101

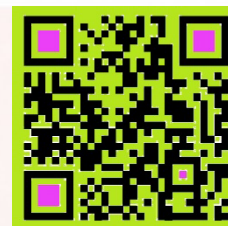
For non-emergencies
call 101



Report online
www.met.police.uk
(report)



Speak to a police
officer or a trusted
member of staff



Sign up to Met Engage

YOU ARE NOT ALONE

There is always someone who will listen and help.
Your safety matters. Your voice matters.



Be respectful
Treat everyone
with kindness



Challenge
unacceptable
behaviour



Support
others and
be an ally



Create safer
spaces for
women and girls

**TOGETHER, WE CAN
MAKE EVERY SPACE
SAFER FOR ALL.**

