

KETAMINE

can cause...

1 bladder issues

that can start as **abdominal pain** (k-cramps), a more frequent **need to urinate**, blood in the urine, and can result in **incontinence**



2 mood changes

confusion, agitation, anxiety, depression, dissociative episodes, flashbacks, and memory loss



3

RISK TO LIFE

especially when taken **long term** or **mixed** with other substances. Ketamine is a **Class B** drug, which means it's **illegal** to have for yourself, give away or sell

NO USE IS SAFE USE

If you are concerned about your own Ketamine use or want to support a friend or loved one, contact:

inspire



withyou

