

United in Football and Basketball

Find us at (or near) the Basket Ball Courts



Monday 30 March

Central Park, Dagnam Park Drive, Harold Hill RM3 9DL



Tuesday 7 April

Cottons Park, Cottons Approach, Romford RM7 7AA



Friday 10 April

Harrow Lodge Park (Elm Park End), Upper Rainham Road RM12 4EZ

PLUS tennis between 12pm - 2pm,
open to all ages at Harrow Lodge

Sessions are FREE and will be from:

Football (primary school age) 11am – 12pm
Football (secondary school age) 12pm – 1pm

Basketball (primary school age) 12pm – 1pm
Basketball (secondary school age) 1pm – 2pm

No
need to
book, just
turn up



Thursday 2

April 2026



FOUNDATION

Thursday 2 April

West Ham Foundation Football Tournament at
Brittons Academy, Ford Lane, Rainham RM13 7BB on the 4G pitch

Age Group: U10s (9-10 yrs) & U13s (12-13yrs)
Time: 12pm – 2.30pm

Age Group: U16s (14-16 yrs)
Time: 2.30pm – 4.30pm

scan QR
to book



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