South Neighbourhood Newsletter

November 2026



Building a brighter future with you in mind

This month: Remembrance

A huge thank you to everyone across Farnworth and Kearsley who has supported our Remembrance commemorations this month, whether that be:



- Poppy appeals
- Remembrance Sunday preparations and services
- Armistice Day preparations and services



It has been incredibly heartwarming to see some many people coming together- the support, generosity and tributes have been amazing!

A real testament
to the strength
of our communities!





At the going down of the sun and in the morning

We will remember them

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This Month: Lung Cancer Awareness

November is Lung Cancer Awareness Month!
To mark this, Greater Manchester Cancer Alliance are running a new awareness campaign to remind everyone how important it is to attend their NHS Lung Cancer Screening when they get their invite.

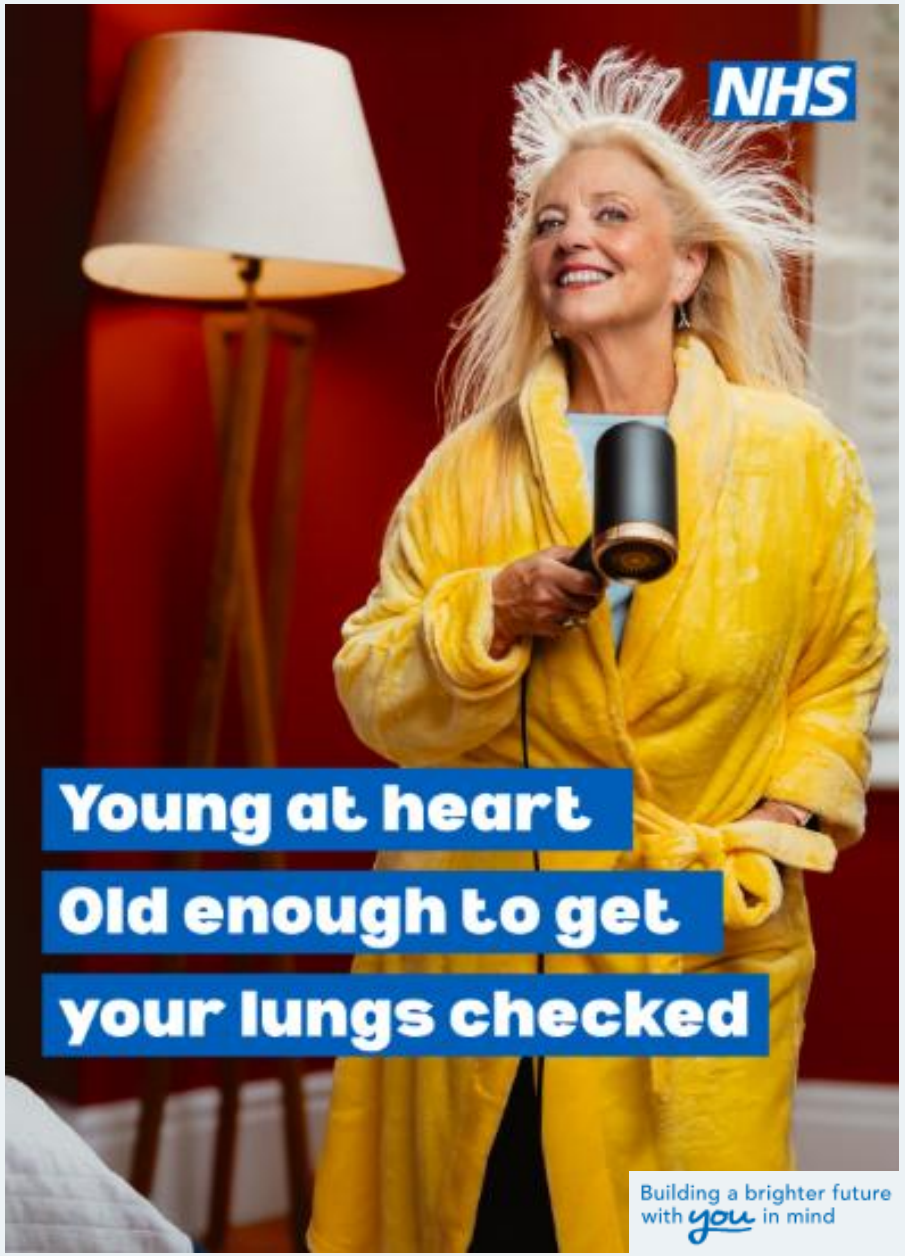
The NHS offers free lung health checks to current and former cigarette and shisha smokers aged 55-74 who are registered with a GP in Greater Manchester.

The checks are quick, free and they could ultimately save your life by finding lung cancer at an early stage before you may have symptoms. Most visitors to the lung health checks will get reassurance that everything is OK.

You will be contacted when the mobile clinic is in your area. Look out for an invite in the post or via text message!

For more information about the health check and to access the campaign resources, please visit: https://mft.nhs.uk/lunghealthcheck or Greater Manchester Lung Cancer Screening - Greater Manchester Cancer Alliance

If you have previously had an invitation but missed your appointment or didn't attend, please contact the bookings team on 0161 529 0900 to arrange a new appointment for when the mobile clinic is near you!



This Month: Self-Care Week (16th- 22nd Nov)



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Self Care Week is a national event that happens every year in November.

This year's theme is 'Mind and Body' and it's the perfect time to think about how we live our lives and how we can make some small changes that will improve our health and wellbeing, and our families too.

Winter can be tough on our health – it can worsen existing conditions, increase the risk of falls, and make us more vulnerable to respiratory illnesses. Eating Well, staying active, keeping check of regular medication and knowing how to treat common illnesses yourself can help to prevent health and wellbeing issues getting to the point of needing medical assistance, which hugely helps the NHS when it is under pressure during the winter months.

Here are our tips on how to 'Stay Well This Winter'

- ✅ Stay up to date with vaccinations
- ✅ Stay on top of prescriptions- and reach out to your local Pharmacist for advice on common illnesses
- ✅ Keep yourself and your home warm- and make sure any heating/ cooking appliances are working safely
- ✅ Eat well and stay hydrated
- ✅ Check your home for safety hazards (e.g. fire risks)
- ✅ Prioritise your mental wellbeing
- ✅ Keep active

Winter can be particularly hard for older neighbours, friends, and family members and they may need extra help. Keep in touch with them, especially if they live alone. Let's support each other and #StayWellThisWinter! 💙

Let's Keep Bolton Moving > > > >
ACTIVITIES | HEALTH | WELLBEING

You can find information and tips on keeping well at:

https://www.selfcareforum.org

https://letskeepboltonmoving.co.uk

This Month: Movember 🖤

Movember takes place every year to raise awareness and funds to support men's health throughout November and beyond- from mental health and suicide prevention, to prostate and testicular cancer!

Too many men are dying before their time- for reasons that are largely preventable! Men's Health Awareness month encourages us to support prevention, prioritise early detection and promote open conversations

Here are five things' men can do to live happier, healthier and longer lives:

- ✅ Spend time with people who make you feel good- stay connected
- ✅ Talk more
- ✅ Know your numbers and your risk- at 50 (or earlier if you're from African/ Caribbean descent or have a family history), talk to your doctor about whether it would be helpful to have a PSA test
- ✅ Know your nuts- know what is normal for you, and speak to your doctor if something doesn't feel right
- ✅ Move more- do what makes you feel good

Our Bolton Wanderers in the Community Team are completing 'Movember' to raise funds for their Charity's Men's Mental Health session 'Team Talk'.
Shaving their beards on 01st November the team will be competing to see who can grow the best moustache this month. Make sure to follow their socials to see the team's journey. To find out more about the fundraising, donate or learn about 'Team Talk', please visit: Support Our Team as They Take on 'Movember' - Bolton Wanderers in the Community

For more information about Movember, to donate or support the campaign, please visit: https://uk.movember.com/

For more details of local support, please visit Bolton Manbassadors webpage: Bolton Manbassadors

Coming Up: Councillor Surgery

Upcoming Farnworth South Councillor drop-in surgery

This Saturday (21st November 2026) is your Farnworth and Kearsley First councillors' surgery at Farnworth Town Hall, 10am-12noon, to discuss any issues, concerns of suggestions [Doors close at 11.30am to ensure everyone is able to be seen]

- Accessible entrance (enter round the back of the town hall)
- Toilets available

If you are unable to attend, the Councillors can arrange an in-person appointment or alternatively you can email them any concerns or issues.

Cllr Paula Connor-Bennett
paula.connor-bennett1@bolton.gov.uk

Cllr Maureen Flitcroft
maureen.flitcroft@bolton.gov.uk



Coming Up: GM Police



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Please join us for the next Police Surgeries:

Kearsley

- 11 – 12
- Tuesday 17th Nov and 8th Dec
- 12A Roosevelt Rd

Farnworth

- 10:30 – 11:30am on Thursday 19th November
- 2-3pm on Wednesday 16th December
- Both taking place at the Coffee House, King Street

GREATER MANCHESTER POLICE

This is a great opportunity to raise any concerns, ask questions and find out what the local policing team are doing to address issues that matter most to the community

Details of police surgeries and P.A.C.T. meetings, can be found on Bee in the Loop and on our website:

🐝 Bee in the Loop: https://orlo.uk/qCDeT
🌐 GMP website: https://www.gmp.police.uk/

Coming Up:

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Bolton age UK
Let's change how we age

New Art Classes
Ageing Well Centre

Classes starting week beginning
2nd November 2026.

All classes £5 per session.

The Art of Ceramics
Every Tues
10am-12pm

The Art of Floristry
Every Tues
12.30pm-2.30pm

The Art of Painting
Every Thurs
10am-12pm

The Art of Textiles
Every Thurs
12.30pm-2.30pm

Ageing Well Centre, Cross Street, Farnworth, Bolton BL4 7AG

Booking essential - call 01204 701525

DENSAL GLOBAL
Go Green

Bolton age UK
Let's change how we age

Creative Textiles for Christmas

The Ageing Well Centre
Cross Street, Farnworth, Bolton, BL4 7AG

Wednesdays Nov 12-Dec 17
10am-12pm

£5 per session



Call us to book your place
01204 701525

No experience needed!
Create your own beautiful advent calendars, wreaths, ornaments, gifts and table decorations from recycled materials.

Training and materials provided

Looking for support to stay connected?

Join our FREE information day to find out about Thriving in Bolton

Thriving in Bolton is a new project designed to help older people stay connected, supported and independent.

If you join the project, you'll receive personalised support from Age UK Bolton to access a simple app that can help you stay connected with family, friends, carers and healthcare professionals.

- ✅ Feel connected to your support network
- ✅ Find activities that match your interests
- ✅ Stay independent for longer

FREE information day
- Friday 27th November 2026
- 10am-12pm
- Ageing Well Centre, BL4 7AG
- Free refreshments



Sign up today
Call 01204 701525

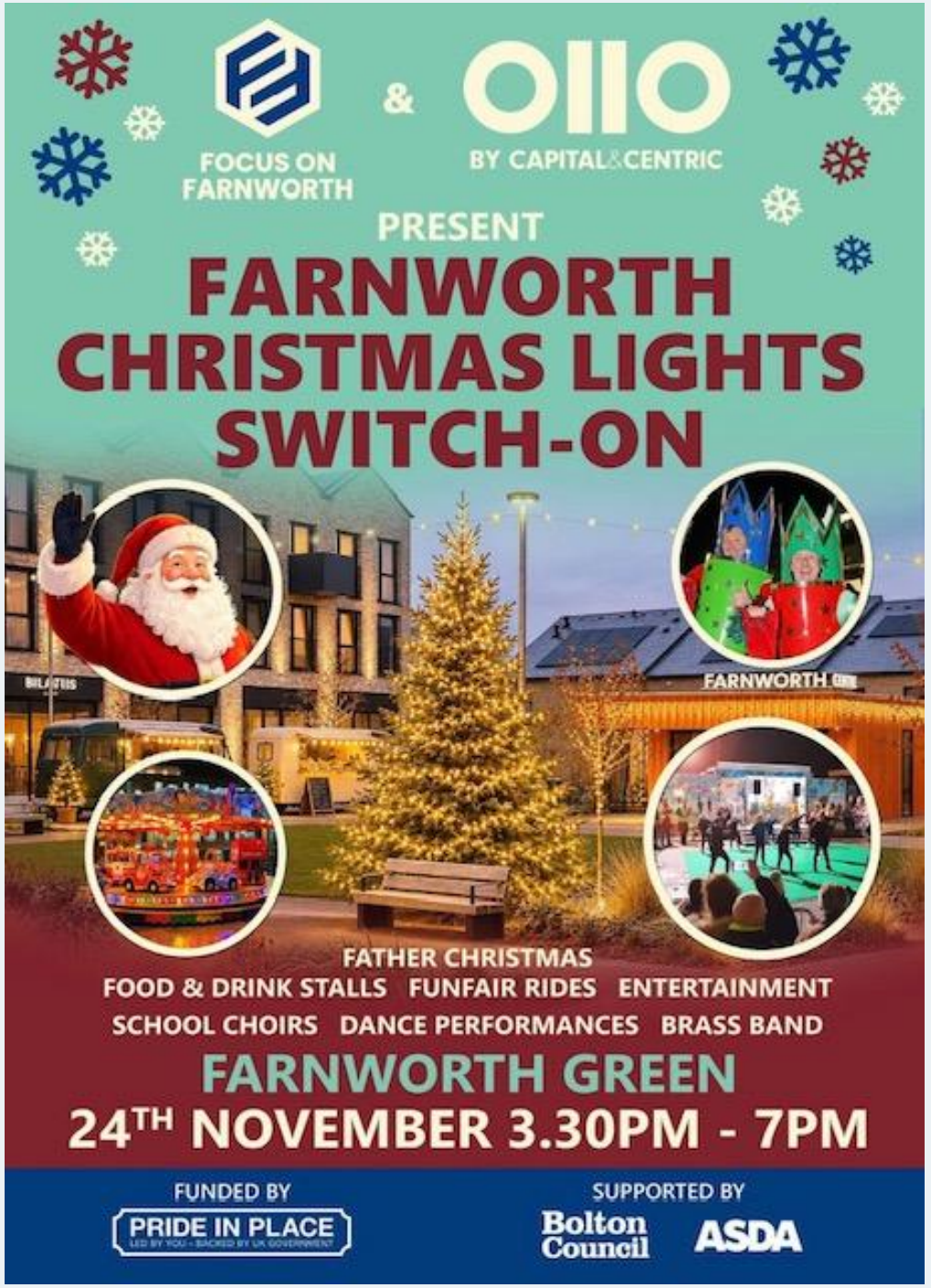
Bolton age UK
Let's change how we age

COMMUNITY FUND

Thriving.ai

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Coming Up:





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Coming Up:

Kearsley Christmas and Star Switch On 2026- Tuesday 1st December at 18:30
Commencing with Kearsley Community Choir followed by Kearsley Youth Brass Band with some festive Christmas Carols. This will lead onto the switching on of the tree at Kearlsey Mount and simultaneously the star on the top of St Stephens Tower. Followed by a visit from Father Christmas with a treat for children under 16. Please come along!







Coming Up:



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Coming Up:

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CHRISTMAS FAIR

BEING HELD IN

ST. STEPHEN'S CHURCH, KEARSLEY

SATURDAY 21st NOVEMBER

OPENS 11am

VARIOUS STALLS - TOMBOLA, WINE/WATER, CRAFT, SWEET, BOTTLE, TOY, GOOD AS NEW, CAKE STALL & MORE AND THERE WILL BE REFRESHMENTS ON SALE.

THE MARKET HOTEL
FARNWORTH

Farnworth & Kearsley Foodbank
Together with Trussell

ANNUAL BIG Christmas Shop

IN SUPPORT OF Farnworth & Kearsley Foodbank

We're looking to collect as much of the following as possible to create festive hampers to support as many local families as possible.

- Tinned meat
- Biscuits (especially Christmas varieties)
- Coffee
- Long-life fruit juice or cordial
- UHT milk
- Jam
- Toiletries (shampoo, conditioner, shower gel, deodorant)
- Festive treats (alcohol-free Christmas, cake/pudding, mince pies, and Christmas chocolates)

DONATIONS BEING COLLECTED UNTIL
MONDAY 14TH DECEMBER

Charity #CraigsQuiz

Join us for a special charity #CraigsQuiz towards the Big Christmas Shop on
WED 9TH DECEMBER

Moss Rose Christmas MARKETS

28th & 29th November

Stalls Open From 9am

If you would like a stall contact
Caroline On 07792 634011
or Stephen On 07486572814

Stalls Are Charged At £10 A Stall

All Money From Stall Fees Goes To
Bolton Hospice
caring from the heart

xy S24

Coming Up:

Christmas Celebration Meal at The Well Café, Farnworth!

Join us for a wonderful festive Christmas meal filled with delicious food, lovely company, and Christmas cheer! 🎅

🗓️ Date: Thursday, 17th December
🕛 Time: From 11:00 am
📍 Location: The Well Café, Farnworth, BL4 7PQ
📲 How to Book: Scan the QR code to reserve your place.
⏰ Booking Deadline: 10th Dec

Secure your place with a £5 booking fee and celebrate the festive season with us!

Booking link:
https://farnworthbaptist.churchsuite.com/events/krcwcwnv

We look forward to sharing a joyful Christmas celebration with you! ❤️





Coming Up:

Let's Get Walking Farnworth and Kearsley!

Join the Well Walk, which leaves from The Well Café at 12 noon every Wednesday for a stroll around Farnworth Park.

Followed by refreshments at the café!







Coming Up:





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Coming Up:

CIRCLE DANCING GROUP



Meet Thursdays at 2pm

Kearsley New Jerusalem Church,
Charles Street, BL4 9DD

2026 Dates
27th August
1st October
29th October
19th November
10th December

We dance to a wide variety of music, all dances are taught and no partner required.

Light refreshments are served afterwards.
Suggested £3 donation
For more information call 07847 064135

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#speakeasyaphasia

Speakeasy



Aphasia Bolton

UCAN CENTER
59 George St, New Bury
Farnworth, Bolton
BL4 9PU

Monthly Meetings 2026

For Members and carers

Wednesdays 10am till 11:45am

14th October
11th November
13th January
10th February



Contact us for infomation and how to book
office@speakeasy-aphasia.org.uk

Singing for the Brain® Bolton

Enjoy this year with music and song!
Feel good and meet new friends!
Get advice and support from our friendly, trained staff.



Our free Singing for the Brain groups are run by Alzheimer's Society for people living with dementia, carers and family members.

When: **The last Wednesday of every month from 11am-12.30pm**
Where: **Age UK Bolton Ageing Well Centre, Cross St, Farnworth, Bolton BL4 7AG**

28 October	31 March
18 November	28 April
27 January	26 May
24 February	

Refreshments available. Free parking on site.

For more information and to book a place, please contact Sarah Pacitto on 07704 661553/ 0161 477 6999 or email sarah.pacitto@alzheimers.org.uk

Dementia support and advice
For general support or advice about dementia, call
Alzheimer's Society Dementia Support Line: **0333 150 3456**

Alzheimer's Society
It will take a society to beat dementia

Alzheimer's Society is a registered charity in England and Wales (296645) and the Isle of Man (1128).

Coming Up:



FARNWORTH & WORSLEY CIRCUIT

CIRCUIT EVENING SERVICE

November 22nd 2026, 7pm at Christ Church, Little Lever

Led by Gill Dascombe and Craig Mann

Join us in the candlelight as we share together in the singing of the beautiful and simple chants of Taizé, interspersed with periods of shared silent prayer and meditation.

Everyone is welcome.



Christ Church Methodist/URC, Mytham Road, Little Lever BL3 1JE

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Spotlight on: Illegal Money Lending

Christmas can be a difficult time financially.
Don’t be pressurised into spending more than you can afford this Christmas… the best memories come from time spent together!

If you're struggling, please take a look at our ‘Top Tips’ reach out to local support services or look for a safer way to borrow- such as a credit union (avoid anyone who isn’t FCA-registered).

Let’s keep this festive season safe and loan shark-free!

If you think you or someone you know is involved with a loan shark, please get in touch for free, confidential and non-judgemental support: WhatsApp: 07700 102773 (9am – 5pm, Mon – Fri); Call 0300 555 2222 or visit: www.stoploansharks.co.uk

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Bolton Health and Care Partnership







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Thank you for your continued support!

If you would like to showcase your work or service in the next newsletter, please send the details to:

Kathryn.brignall@boltonft.nhs.uk

If you know of anyone who would like to be included in the distribution list, please also let Kath know ☺

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