



Central East BCU — Bow East SNT

Safer Neighborhood Newsletter November 2025

Your Safer Neighborhood Team

Your Local SNT teams are overseen by

PS CHAMBERS

Bow East

PC Gray, PC McCarthy, PC Guelfi,

PCSO Das, PCSO Christopher,

PCSO Iftkhar

Safer Neighborhood Officers conduct regular highly visible patrols across the ward to deter and disrupt criminal activity and anti-social behavior. They also hold regular crime prevention events, public contact sessions and community meetings to hear about the issues that matter most to you

Contact us

Your Safer Neighborhood Ward phone, email and Social media accounts are **NOT** monitored 24/7 and are **NOT** intended for the public to report crimes on, instead please use the non-emergency number **101** or complete and online report.

IN AN EMERGENCY DIAL 999

Bow East SNT contact us:

CEMailbox.BowEast@Met.Police.uk

07554110168



Social Media



MET ENGAGE:

Get the most out of your neighborhood with **MET ENGAGE**. It's where communities come together, exchange recommendations. Read the latest local news and be made aware of upcoming events from public services.

Register with MET ENGAGE:

www.metengage.co.uk

Sign Up for Met Engage & complete the Local Area survey at: **<https://survey.metengage.co.uk>**

Neighborhood Watch

To find out what groups are active in your area and to register to join [London Borough of Tower Hamlets | Neighborhood Watch Network \(ourwatch.org.uk\)](https://london-borough-of-tower-hamlets-neighborhood-watch-network.ourwatch.org.uk)



METROPOLITAN
POLICE





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Community Engagement / Action:

You Said: There are bike thefts along Fish Island, E3.

We did: Recently we have conducted a Bike Marking Event at Rookwood Way, E3.



Officers from Bow East, Bow West & Bromley North successfully carried out a joint patrol on Saturday 15th November 2025, location at Roman road E3 to target e-scooters & bikes riding on the pavement.



Violence against women and girls (VAWG) walk and talk

Bow East SNT conducted VAWG event at Matilda Garden -E3
Crime prevention & safety advice was provided to residents, shopkeepers and visitors.



BOW EAST SNT Officers conducted High Visible Patrol, in and around the Candy Street, E3.



**METROPOLITAN
POLICE**

CRIMESTOPPERS
0800 555 111



Bike Register[®]
The National Cycle Database





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Crime in Your Area

If you have a problem in your area but don't want to talk to Police, Contact Crime Stoppers or Fearless.

These organizations are confidential, and you will not be asked for your details.

CrimeStoppers.
Speak up. Stay safe.

0800 555 111
100% anonymous. Always.

DONATE

GIVE INFORMATION ANONYMOUSLY

GIVE INFORMATION SUPPORT US KEEPING SAFE ABOUT THE CHARITY PARTNER WITH US NEWS & CAMPAIGNS

"Is Crimestoppers really anonymous?"

It's a question we're often asked. And the answer is that we are 100% anonymous. Always.

Crime type	Tower Hamlets	Bow East
Theft and Handling	949	31
Violence	935	50
Burglary	250	13
Drugs	205	14
Criminal Damage	162	8
Robbery	109	9
Sex offences	115	5
Miscellaneous	40	2

fearless
Part of Crimestoppers

0800 555 111
100% anonymous. Always.

Give information anonymously

What is Fearless? More Info News Parents/Guardians Professionals

What is Fearless?

Fearless enables young people to pass on information about crime 100% anonymously

Upcoming Events

Bike marking scheme:

Bike Marking Event
1:00PM - 2:00PM, Sun 14 December 2025
E9 5EN, White Post Lane London

VAWG Events:

VAWG (Violence against Women & girls) Event
12:00 PM – 13:00 PM, Sat 20 December 2025)
Dates Are Subject to change / Cancellation subject to Staff availability

Number of Crimes in your Area – NOVEMBER 2025

For a more in-depth statistics and data for London please visit

<https://www.met.police.uk/sd/stats-and-data>



**METROPOLITAN
POLICE**

