

AGES
5-16
YEARS

TRY SOMETHING
NEW THIS
SUMMER

EASTLEIGH
ACTIVE

PRICE
£3.50*

**Monday 28 July -
Friday 22 August**

Aerial Hoop

Wednesdays
(30 July, 6 & 20 August)
12-16yrs **4.30pm-5.15pm**
Dynamic Aerial Academy

AquaRun

Wednesday 6 & 20 August
5-16yrs **2pm-3pm**
Hamble Sports Complex

Badminton

Tuesdays
8-11yrs **6pm-7pm**
12-16yrs **7pm-8pm**
Wyvern College

CrossFit

Mondays
11-16yrs **3pm-4pm**
CrossFit Southampton, Eastleigh

Cycles4All

Fridays
Families **1.30pm-2.30pm**
Pavilion on the Park

DanceActive

Wednesday 30 July & 13 August
5-11yrs **11am-12pm**
The Point, Eastleigh

Wednesday 6 & 20 August
12-16yrs **11am-12pm**
The Point, Eastleigh

Dodgeball

Thursday 31 July
8-11yrs **2pm-3pm**
Hamble Sports Complex

Thursday 7 August
12-16yrs **2pm-3pm**
Botley Centre MUGA (outside)

Thursday 14 August
8-11yrs **2pm-3pm**
Wildern Leisure Centre

Thursday 21 August
12-16yrs **2pm-3pm**
Hiltingbury Sports

Fencing

Tuesday 5 & 19 August
5-8yrs **3.30pm-4.30pm**
Boorley Green Community Centre

Tuesday 5 & 19 August
9-12yrs **4.30pm-5.30pm**
Boorley Green Community Centre

Fishing

Monday 4 August
11-16yrs **9am-10am**
11-16yrs **10.30am-11.30pm**
11-16yrs **12pm-1pm**
11-16yrs **2pm-3pm**
11-16yrs **3.30pm-4.30pm**
Lakeside Country Park

Free Swimming

Monday – Friday
5-16yrs **3pm-3.45pm**
Places Leisure Eastleigh

Football

Monday 28 July
5-7yrs **10am-11am**
8-11yrs **11am-12pm**
The Hub, Eastleigh

Monday 4 August
8-11yrs **10am-11am**
12-16yrs **11am-12pm**
Places Leisure Eastleigh

Monday 11 August
5-7yrs **10am-11am**
8-11yrs **11am-12pm**
The Hub, Eastleigh

Monday 18 August
8-11yrs **10am-11am**
12-16yrs **11am-12pm**
Wildern Leisure Centre

Golf

Tuesdays & Thursdays
5-11yrs **12pm-1pm**
12-16yrs **1.30pm-2.30pm**
East Horton Golf Club

Junior Gym

Fridays
11-16yrs **1pm-2pm**
Wildern Leisure Centre

Martial Arts

Mondays
7-12yrs **4.30pm-5.30pm**
13-16yrs **6pm-7pm**
Pavilion on the Park (Outside)

Nerf Battles

6-8yrs **10.30am-11.30am**
9-13yrs **11.45am-12.45pm**

Thursday 31 July
Station Road Recreation Ground

Thursday 7 August
Boorley Green Grass Pitches

Thursday 14 August
Greta Park, Hedge End

Thursday 21 August
Fryern Recreation Ground

Olympic Weightlifting

Thursday 7 August
8-12yrs **4.15pm-5.15pm**
Lakeside Country Park

Thursday 21 August
13-16yrs **4.15pm-5.15pm**
Lakeside Country Park

SkateJam

Monday 28 July
8-16yrs **12pm-4pm**
Freespace Skate Park, Chandler's Ford

Sailing

Monday 4 August
Tuesday 5 August
Wednesday 6 August
Thursday 7 August
Friday 8 August
Hamble River Sailing Club

Street Basketball

Friday 1 August
8-12yrs **1pm-2pm**
8-12yrs **2pm-3pm**
Moorgreen Recreation Ground

Friday 8 August
8-12yrs **1pm-2pm**
13-16yrs **2pm-3pm**
Hiltingbury Recreation Ground

Friday 15 August
8-12yrs **1pm-2pm**
8-12yrs **2pm-3pm**
Roy Underdown Courts, Hamble

Friday 22 August
8-12yrs **1pm-2pm**
13-16yrs **2pm-3pm**
Botley Recreation Ground

Tennis

Wednesdays
5-7yrs **10am-11am**
8-11yrs **11am-12pm**
Wyvern College

Tuesday 29 July & 5 August
5-10yrs **4pm-5pm**
11-16yrs **5pm-6pm**
The Hub, Eastleigh

Monday 11 August & 18 August
5-10yrs **2pm-3pm**
11-16yrs **3pm-4pm**
Bursledon Recreation Ground

Tuesday 12 & 19 August
5-10yrs **5pm-6pm**
Deer Park School

Thursday 14 August & 21 August
11-16yrs **5pm-6pm**
Deer Park School

Yoga

Thursday 31 July & 14 August
12-16yrs **10am-11am**
The Point, Eastleigh



DON'T MISS OUT - BOOK TODAY:
EASTLEIGH.GOV.UK/EASTLEIGHACTIVE

*£1 for those in receipt of qualifying benefits
Activities may be subject to change

EASTLEIGH
BOROUGH COUNCIL

SportWorks