

# Workshops for Parents of SEND pupils



Brooke Weston Trust  
**Centre For  
Professional  
Development**

**FREE  
COURSES!**

The following courses are delivered by the SEND Support Service (SSS) and are designed specifically for parents who have children with SEND. **These Parent Workshops will be held from 09:30 – 12:00 at the Primary Training Hub, Oakley Vale Primary School, Corby, NN18 8RH.**

## Understanding Autism in Girls | 1st October 2026

Autism can present differently in girls, which means it is sometimes harder to recognise. Many girls learn to hide, or "mask", their difficulties in order to fit in, which can lead to their needs being missed or identified later. This session helps parents to better understand how autism may look in girls and how to support their wellbeing both at home and in school. We will look at the common signs that may be more subtle or hidden and why girls with autism may feel anxious, overwhelmed or exhausted. You will leave with a clearer understanding of your child's experiences and practical strategies to support them to feel understood, confident and able to thrive.

## Understanding Anxiety, Anger and Emotions

2nd & 9th December 2026 | 18th & 25th May 2027

The aims of this course (delivered over two sessions):

- to learn about anger, anxiety and emotions in children and young people with a special educational need or disability (SEND)
- to learn about some of the methods for helping individuals with SEND to manage their emotions

This course is repeated twice over the year

## Understanding Sensory Challenges and Exploring Techniques to Support | 28th January 2027

The aims of this course:

- to learn about sensory challenges in children and young people with a special educational need or disability (SEND)
- to learn about some of the techniques for helping individuals with SEND to manage sensory regulation

## Implementing Visual Structures in the Home | 23rd March 2027

The aims of this course:

- to understand the importance of visual structure, how it gives clarity and creates predictability
- to explore how and when to implement visual structure

SSS practitioners offer advice and support to young people, families, carers and education establishments for children with a wide range of special educational needs aged 5–19 across North Northants.

Scan or click the QR code to book your course or :

☎ 07730 130 314 ✉ [primarytraininghub@brookewestontrust.org](mailto:primarytraininghub@brookewestontrust.org)

